

April-June
2023



Kids Just Love
to Brush!

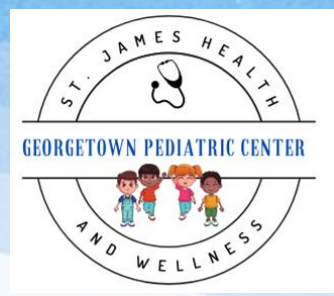
Oral Health at GPC



SCAAP Annual Meeting 2023
Q-TIP Learning Collaborative



St. James Health and Wellness Georgetown Pediatric Center



Dr. Lilli

Our Q-TIP Team:

- Lillianne Lewis Debnam MD MPH
- Tristian Douglass LPN
 - Pediatric Nursing Supervisor
- Belinda Boyd RN
 - Clinical & QI Coordinator
- Gwen Brown MHA
 - GPC Site Coordinator



Nurse Tris



• **Serving patients in the greater Georgetown area since 1992**

Timeline of Oral Health QI Activities

Before QTIP project:

- FV staff training (Fall 2022)
- EHR Varnish Order Set created
- Added paper Oral Health Risk Assessment Tool to intake workflow (Winter 2022)

May 1–12:

Something New →

- Trial Add-on of EHR template
- Internal Referrals processing for dental care

COMMUNITY EVENT



April '23 Prep:

- Enrolled in Year-Long Reach Out and Read Oral Health Initiative – Book and FV at 12 months of age (Jan 2023)
- Updated Dental Listing
- Development of EHR Template for OHRA

May 15–June 3

- Clinical team reminders to offer FV at any visit
- Local Dentist List, Educational Materials, Toothbrushes, and Timers available in multiple clinical areas for distribution
- Nursing staff offering FV during intake

QI: Kids Just Love to Brush



Initial: Increase FV by 10% (assertion w/o baseline data)

- Increase oral health supports at GPC between May-June 2023 (by 10%)
 - Partnerships: Identify Local Dental Providers (add 2-3 new)
 - Establish a referral system (ideally bi-directional)
 - *Spring Tour to Meet-&-Greet with Dentists*
- Perform* Oral Health Risk Assessment and offer** Fluoride Varnish application at all (100%) of Well Child Checks between ages 6 months – 6 years
- Process formal referrals for patients w/o a dental care provider
- Offer Oral Health Education/Materials and Fluoride Varnish at any clinical visit (ages 6 months and up)
 - *Increase types of Oral Health Educational Materials provided*
- Participate in Community-Wide Event incorporating Oral Health



*Paper vs EHR **Documentation/Coding



Nursing Responsibilities:

- Pre-visit plan and check to see if patient has had Fluoride Varnish applied in the last 6 months (6 months-6 years) or in last 1 year (7 years and up).
- Obtain FV consent from Guardian for application while triaging patient.
- If consent given, apply Varnish.
- Pull over template to order varnish and document application.



Provider Pushes

- Try It Out: OHRA Paper vs EMR trial (**Hybrid**)
- Recall: Reach Out and Read Oral Health Initiative (**12 month WCC**)
- Use: Fluoride Varnish ICD-10 (Z29.3) and CPT Codes (**Tracking; Variables**)
- Use: ICD-10 code (Z53.20) for FV Decline (**Insights**)
- Give **Gifts**: Oral Health Education, Handouts/Supplies, Referrals



LOCAL PEDIATRIC DENTAL PROVIDERS

Pawleys Island Pediatric Dentistry

Meredith L. Papadea, DMD
34 Business Center Dr.
P.O. Box 3595
Pawleys Island, SC 29585
Phone: (843) 235-0536
Fax: (843) 314-3453

Kids First Dental

158 Waccamaw Medical Park Ct.
Conway, SC 29526
Tel: 843 428-2469
Fax: 843-347-3013

Seaside Pediatric Dental

Aaron Bloom, DDS
Matthew Tillman, DDS

4410 Highway 17, Suite B6
Murrells Inlet, SC 29576
Phone: (843) 651-5437

Gentle Dentistry

301 North Church Street
Georgetown, SC 29440
(843) 520-4746

3535 County Line Road
Andrews, SC 29510
(843) 221-4746

Village Family Dental

Dr. John Reardon
3012 Newcastle Loop
Myrtle Beach, SC 29588
Phone: (843) 215-2599

Louis Schwartz DMD

515 Nelson Blvd
Kingstree, SC 29556
Phone: 843-355-7527
Medicaid walk-in clinic every Tuesday & Friday

Grand Strand Pediatric Dentistry

3112 Dick Pond Rd,
Myrtle Beach, SC 29588
Phone: (843) 294-5437

The Smile Center

John Miller DMD
1209 North Fraser St.,
Georgetown, SC 29440
843-492-5026

4539 Highway 17 Bypass,
Murrells Inlet, SC 29576
843-507-5108

Joseph and Joseph P.A.

Dr. Timothy Joseph DMD
632 Front St
Georgetown, SC 29440



St James Health & Wellness

BRUSHING YOUR TEETH

- 1** Ages 2-5, squeeze a pea-sized amount of fluoride toothpaste onto a small, soft toothbrush. Under 2, only a smear should be used.
- 2** Using small circular motions, gently brush the insides of your teeth. Make sure to jiggle along every tooth down to the gums.
- 3** Using a back and forth motion brush along the chewing surfaces of your back teeth. (molars)
- 4** Using small circular motions again, gently brush the outsides of your teeth. Make sure to brush all the way down to the gums.
- 5** Repeat steps 2-4 on your top and bottom teeth. Be sure to brush every tooth until they are nice and bright!
- 6** Don't forget to brush your tongue! Germs and bacteria can be found anywhere in your mouth, so include your tongue when brushing.

DAY
Brush your teeth at least twice a day. Once when you wake up and again before bed. For a brighter smile, brush after every meal.

NIGHT

Parents should assist with tooth brushing until your child is approximately eight years old.

- Use a Brushing Chart (found on our website at www.alohakidsdds.com under Tooth Brushing) to help your child keep track of their daily brushing habits.

- The basis for this chart was provided by StarSmilez®

Cuadro de Cepillado de

	Primera Semana	Segunda Semana	Tercera Semana	Cuarta Semana
LUNES				
MARTES				
MIÉRCOLES				
JUEVES				
VIERNES				
SÁBADO				
DOMINGO				

Visite MouthHealthy.org/SmileBuilders para ver más hojas de actividades.

CONSEJOS PARA SONRISAS SANAS



ADA American Dental Association®

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Oral Health Supports



TYLENOL **Motrin**

Teething

Teeth usually start coming in when babies are 6-12 months old. Teething is normal and harmless. Here are some ways to help your child feel better.



Know the signs

A tooth might be on its way if your baby:

- Acts fussy
- Drools
- Wants to chew on hard things
- Has red or puffy gums

Use a little pressure

- Try massaging your baby's gums with your finger or knuckle (wash hands first!)
- Offer a clean plastic or rubber teething toy (not necklaces or bracelets) for your baby to chew on

Keep things cool

- Let your baby chew on a damp washcloth that has been twisted and chilled
- Avoid teething rings that are frozen; they're too hard for your baby's mouth

Avoid rub-on teething gels or liquids that have benzocaine, which can cause dangerous side effects in young children



Try a pain reliever

Choose a medicine like Infants' **TYLENOL**® or Infants' **MOTRIN**®

- Infants' **TYLENOL**® is the #1 pediatrician recommended brand of pain reliever for teething pain
- Infants' **MOTRIN**® can be used for babies older than 6 months and lasts up to 8 hours
- See dosage chart on the back of this sheet



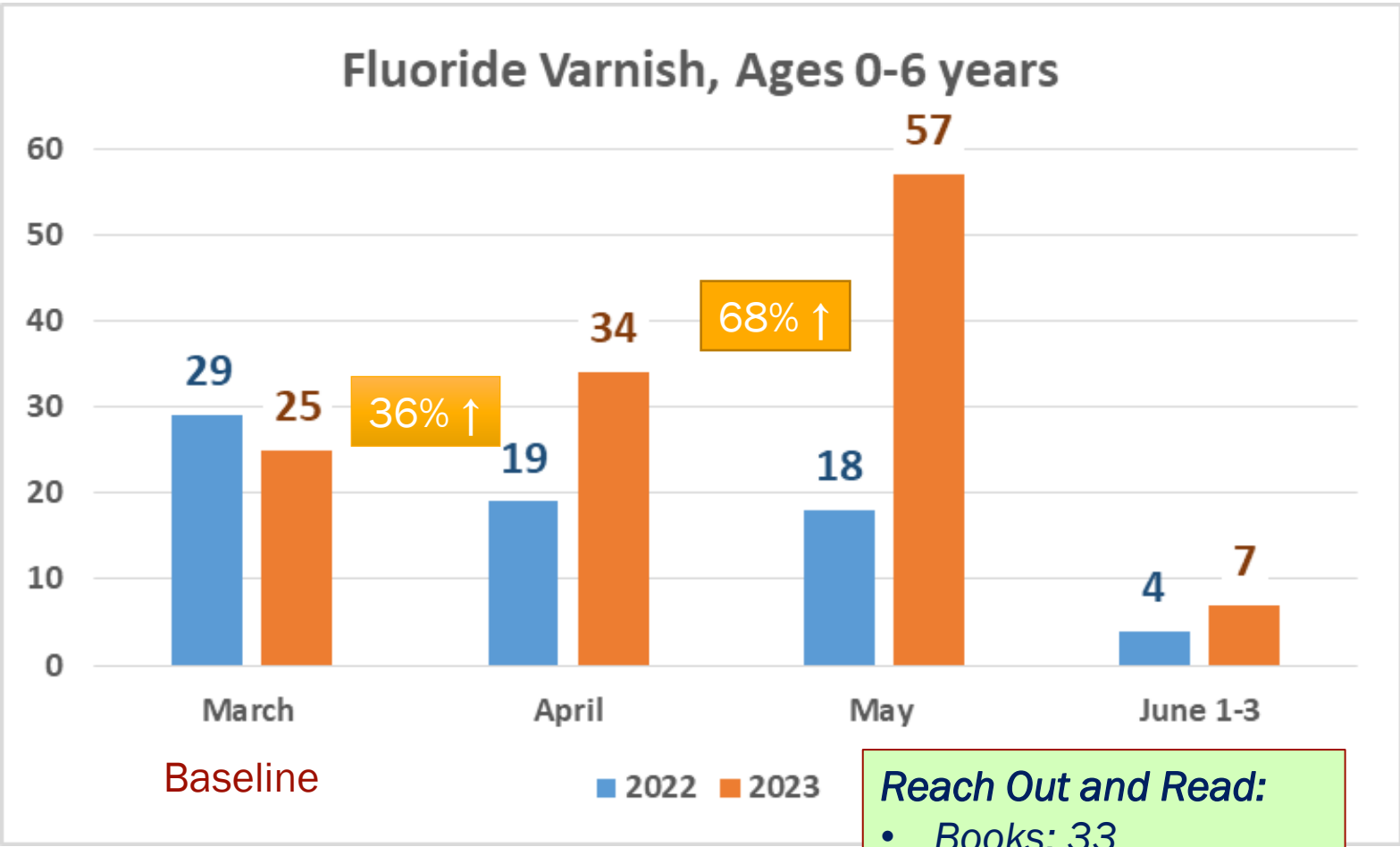
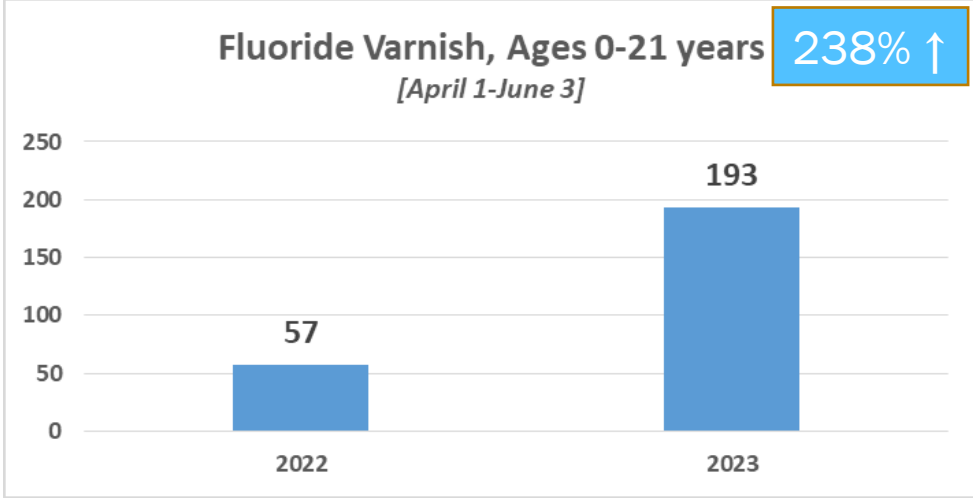
When to expect baby teeth

Baby teeth usually appear in the order you see here, but every child is different. By age 3, most kids have a full set of 20 teeth.

Health tips from the American Academy of Pediatrics (AAP) and the Centers for Disease Control and Prevention (CDC)



Fluoride Varnish: CPT 99188



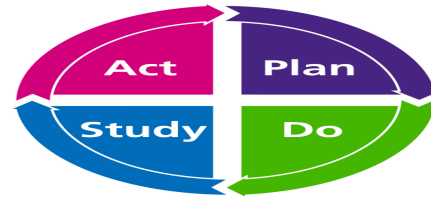
Reach Out and Read:

- Books: 33
- Referrals: 22



Variability: CPT captured more FV applications than ICD-10 Enc. for prophylactic fluoride. Likely reflects provider education but no FV order/application (e.g. missed or decline)

The Key Players



Office Staff

Front

- Patient Service Reps
- Schedulers

Back

- Referral Coordinator
- Medical Records Dept.

Key Tasks:

- Including Oral Risk Health Assessment Tool in Intake Paperwork
- +/- Scanning ORHA to chart (paper)
- Processing Referrals & Follow-Up

Nurses

RN, LPN, CMAs

Key Tasks:

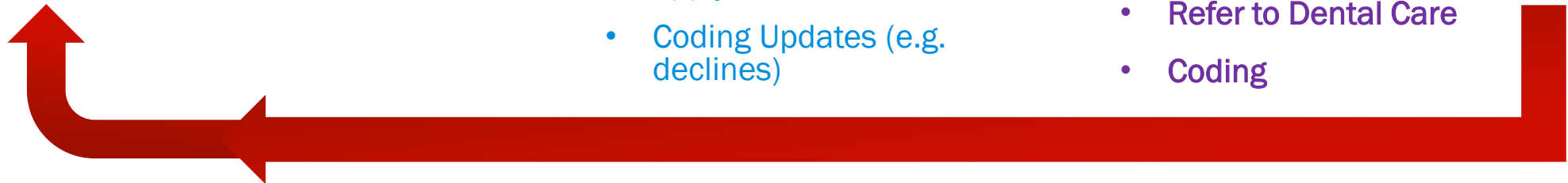
- Assess FV status
- Offer FV during intake
- Utilize FV order-set
- Apply the Varnish
- Coding Updates (e.g. declines)

Providers

Pediatricians, Nurse Practitioners

Key Tasks:

- Utilize ORHA tool/template, Assess FV Status
- Offer oral health education and supports, FV
- Refer to Dental Care
- Coding



Culture Shift



- Culture before project– Providers & families felt that if the patients were seeing a dentist their dental needs were being met.
- Culture established- Education on oral health, insurance coverage, referral process, and significance of missed in-office opportunities. All aspects of Clinical Team involved and on board.
 - *Every visit is an immunization, oral health, and/or healthy habits (nutrition/exercise/wellness) opportunity.*



Challenges/Lessons



- Template Addition for EHR:
 - Able to develop the template for eCW however:
 - Cumbersome (additional pullover + more clicks) and not easily able to use for data tracking w/o manual audits
 - Poorly utilized by clinical teams
- Routine staff reminders, incorporating FV offer at intake into the workflow, and staff/patient education seemed to be the biggest drivers of change for our project
- Referral Coordinator support – still in early stages but appears helpful
 - Feedback: several dental practices still not accepting new Medicaid patients or there is a several months wait for access to care. Parents express appreciation of the formal referral and follow-up.
- Ongoing – integrating pre-visit planning tool (Azara) with EHR to provide targeted lists to support fluoride varnish application and referrals tracking; Community Dental Office Tours

Cinco de Mayo



Nutrition, Physical Activity, and Oral Health



Kid FV = 39
Adult FV = 25

Toothbrushes:
Kid = 85
Adult = 50