



Practice Presentation: “This is How it Works for Us”

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BEAUFORT PEDIATRICS

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SAFETY PLAN

Name: _____ Date of Birth: _____

Physician: _____ Date of Service: _____

THINGS I CAN DO TO TAKE MY MIND OFF OF MY PROBLEMS:

1. _____
2. _____
3. _____

PEOPLE I CAN CALL:

1. _____
2. _____
3. _____

Follow up appointment/call _____

NATIONAL SUICIDE HOTLINE 1-800-273-8255

Text HOME to 741 741

TREVOR PROJECT for LGBTQ Youth 1-866488-7386

TAKE A CELLPHONE PICTURE OF THIS PLAN

Beaufort Pediatric - Safety Plans Data October 2020-September 2021





What works for us?

- Flexibility
- Continued Communication
- Allowing folks to come on board when they are ready

AND

- Cheering for them when they do move forward

“It’s a balance
and it works for us.”