

## ATTACHMENT B



### South Carolina Department of Health and Human Services Paid Feeding Assistant Core Curriculum Outline

#### **A. Basic Infection Control Practices - 1 hour**

1. Describe basic infection control principles and proper handwashing techniques during meal service and feeding of a resident.
2. Demonstrate proper handwashing technique.

#### **B. Respecting Resident's Rights - 1 hour**

1. Describe the Resident's Bill of Rights.
2. Describe a minimum of two examples of promoting resident's rights during mealtime while feeding or assisting to feed a resident.
3. Define resident's rights to protection and confidentiality.

#### **C. Communication and Interpersonal Skills - 1 hour**

1. Describe and demonstrate appropriate social interaction and communication during feeding.
2. Describe several types of communication techniques as well as barriers to communication.
3. Describe the importance of effective communication.
4. Identify and describe appropriate responses to resident behavior, i.e. dementia resident.

#### **D. Safety and Emergency Procedures - 1 hour**

1. Describe signs and symptoms of choking.
2. Demonstrate management of obstructed airway (Heimlich Maneuver).
3. Describe the facility's emergency response plan, i.e., call system.

#### **E. Feeding Techniques, Assistance with Feeding and Hydration - 3 hours**

1. Demonstrate the knowledge that a feeding assistant feeds only residents who have no complicated feeding problems, including, but not limited to, difficulty swallowing, recurrent lung aspirations, and tube or parenteral/IV feedings.
2. Describe feeding techniques and hydration measures.
3. Demonstration of selecting proper diet and meal intended for a particular resident.
4. Demonstrate proper techniques in feeding and assisting to feed resident.
5. Describe and demonstrate facility procedure for computing resident intake during mealtime.

#### **F. Principles of Observation and Reporting - 1 hour**

1. Describe how to observe a resident for changes inconsistent with their normal behavior.
2. Describe how to report what is observed to the supervisory nurse.