

## **Welcome to Healthy Connections Checkup!**

The South Carolina Department of Health and Human Services (SCDHHS) is writing to tell you that you are now a member of Healthy Connections Checkup (Checkup). Checkup is a Medicaid **limited benefit program**. Checkup includes coverage for preventive health care and family planning services. Checkup services are important to your health and well-being. SCDHHS is excited to support you in using your new benefits! Please read the information below. You should also review the enclosed brochure about the Healthy Connections Checkup Transportation Assistance program.

### **What is Checkup?**

- A program that covers:
  - A physical examination once every two years
  - Preventive health screenings
  - Family planning services for men and women. These services include an annual family planning visit and contraceptive methods like birth control pills and condoms

### **How do I use Checkup?**

- It's simple. All you have to do is present your new, blue Checkup member card (included with this letter) whenever you visit the doctor or pharmacy.
- You don't have to pay anything for services covered by Checkup.
- You may be able to go to your current family planning provider for the physical examination that is now covered by Checkup.
- For a complete list of providers who accept Checkup and Medicaid patients, please go to the *Enrolled Provider* section of the SCDHHS website, [scdhhs.gov](http://scdhhs.gov). You can also call Member Services at (888) 549-0820.
- Your Checkup provider can help you find other free or low-cost doctors or clinics where you can get services that are not covered by Checkup.

### **Why are preventive care and family planning important?**

- Preventive care is one of the most important steps you can take to manage your health.
- Preventive care covers many activities. These include healthy eating and exercise. Preventive care also includes medical tests that look for illnesses like breast and colon cancer.
- Family planning services allow you to plan for growth in your family. These services also help you protect yourself against Sexually Transmitted Infection (STI) and prevent unintended pregnancy.

**Being a Checkup member does not mean you have health insurance or full Medicaid coverage. Checkup is a limited benefit program. You may have to purchase health insurance coverage or you could face a fine by the**

**Internal Revenue Service (IRS) under the federal Affordable Care Act. Visit the federal health insurance exchange at [healthcare.gov](http://healthcare.gov) for information on how to purchase health insurance.**

**Healthy Connections Checkup - Frequently Asked Questions**

SEE REVERSE PAGE FOR FREQUENTLY ASKED QUESTIONS ABOUT CHECKUP

Healthy Connections Checkup is available to men and women in South Carolina who don't qualify for full Medicaid benefits and meet certain income requirements.

**What Services are covered under Checkup?**

- A physical examination (once every two years)
- Preventive health screenings (for example, diabetes screening)
- Annual family planning visits (including a pap test for women)
- Testing, examination and counseling related to family planning
- Sexually Transmitted Infection (STI) testing
- One course of medication per year for certain STIs
- Contraceptive methods (including birth control pills, IUDs, injections, implants and male condoms)
- Permanent sterilization procedures (including vasectomy and tubal ligation)
- Transportation to Checkup services (see brochure about Transportation Assistance)

**What if my doctor identifies a health problem during my physical exam or annual visit?**

If this happens, your doctor can refer you to a health care provider that can offer you discounted or free care based on your income.

**What is my co-pay for services provided by Checkup?**

There are no co-pays for services that are covered under Checkup.

**Where can I find a Checkup provider?**

Many providers, including private practices, health clinics, federally qualified health centers and rural health centers offer Checkup services. For a complete listing of Medicaid providers, please visit the *Enrolled Providers* section of the SCDHHS website at [scdhhs.gov](http://scdhhs.gov). You can also call Member Services at (888) 549-0820.

**What services are not covered under Checkup?**

Many services are not covered under Checkup. Services such as Emergency Room visits, medication and sick visits are not covered. This is because Checkup is not the same as full Medicaid coverage. Your Checkup coverage does not include follow-up care for problems identified during your physical examination.

**How can I get health insurance for services that aren't covered under Checkup?**

For more information about health insurance, visit [healthcare.gov](http://healthcare.gov).

**Where can I go to receive discounted or free health care services?**

There are many sources of discounted or free health care services in South Carolina. These places, listed below, offer services that are not covered under Checkup. For more information about discounted or free health care, please call Member Services at (888) 549-0820.

- Clinics
- Federally Qualified Health Centers
- Rural Health Centers

**When does my Healthy Connections Checkup coverage expire?**

Your eligibility for Healthy Connections Checkup must be reviewed once per year. It is important that you report any changes in your living situation, employment or income that might affect your eligibility for Checkup anytime during the year. If you move, if your income changes or if you add or subtract members of your household, you should contact Member Services at (888) 549-0820.