

OSCAP Advisory Newsletter

COST OF LIVING ALLOWANCE (COLA) OSS ENTITLEMENT INCREASE EFFECTIVE JANUARY 01, 2013

Effective with dates of service beginning January 01, 2013, the maximum payment made to a facility will be increased by \$12.00 from \$1181.00 to \$1193.00. The new Net Income Limit (NIL) will be \$1193.00. The personal needs allowance will be increased by \$2.00 to \$61.00 for category 86 residents and \$81.00 for category 85 residents. This means that the resident will begin receiving their \$61.00 or \$81.00 beginning January 01, 2013. As in the past, the personal needs allowance must be deducted from other income that the resident receives rather than the OSS entitlement payment. The increase in the monthly entitlement amount will be reflected in the regularly scheduled check for January 2013 services issued March 01, 2013. The new amount a facility may now charge is \$1132.00, a \$10.00 increase from the previous \$1122.00.

The new provider daily entitlement amounts that are being used to calculate your payments for January 2013 through December 2013 dates of service are as follows:

1. February (28 day month) \$42.60 a day,
2. April, June, September, November (30 day months) \$39.76 a day,
3. January, March, May, July, August, October, December (31 day months) \$38.48 a day.

The OSS entitlement payments made on behalf of residents to Community Residential Care Facilities are considered payment in full. Any differences caused by rounding in the payment system cannot be billed to the resident or deducted from the resident's personal needs allowance.

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February 1, 2013

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What is OSCAP?



During the CRFC REGIONAL PROVIDER/STAKEHOLDER MEETINGS held August 28th-31st of 2012 we explained that we have been advised by CMS that the Integrated Personal Care service must be deleted from our Medicaid State Plan. SCDHHS is committed to the continuation of this service, or a similar type service, irrespective of the actions of CMS and will agree to fund it with 100% state funding if necessary.

What is OSCAP?

Optional Supplemental Care for Assisted Living Program (OSCAP)

We have explored several options, and determined that the first step to improving and maintaining the program is to enhance the OSS program. The improved program has been named Optional Supplemental Care for Assisted Living Program (OSCAP). The reformed program will require more stringent consumer and provider requirements, and will improve the overall quality of care within CRCF's.

SC DHHS has convened a workgroup of providers, associations, advocates, and state agencies to advise on the redesign of the critical program. Your input is important to us as we move forward with these changes.

WEBTOOL AND REMITTANCE ADVICES

Please be sure to print copies of your remittance advice each month. The webtool only holds the last 26 weeks of information. Having this information pulled and printed by the Agency is costly and time consuming. Remember, there will be a charge associated with all requests for duplicate remittance advices.

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Going Electronic

With the restructuring of the OSS program, SC DHHS wants to keep all Community Residential Care Facilities informed of all changes and opportunities that may occur. The most effective and efficient way to communicate information to all CRCF's is through electronic mail (email).

Please provide the OSS program manager with your CRCF facility name, the administrator's name and email address, and if possible a link to your CRCF website.

Please email the requested information to Alexis Martin: martina@scdhhs.gov

Alexis Martin is the OSS Program Manager. Please remember to submit your TAD no later than **February 18, 2013**. If you know that you will be late submitting your TAD please contact the Provider Service Center.

Voting in Person Now Requires Photo Id. Please make sure you have **ONE** of these forms of identifications.

- SC Drive's License
- SC DMV ID Card
- SC Votes Registration Care w/ Photo
- Federal Military ID
- United States Passport

For more information, visit SCVOTES.ORG

Post Office Box 8206
Columbia, SC 29201-8206

803-898-2590
803-255-8209 fax
EMAIL : OSS@SCDHHS.GOV

When we think of February we often think of Valentine's Day and what we will be doing to show those around us we care. Stores will be exploding with pink and red decor and chocolates will line the shelves. New Year resolutions of eating healthy or sticking to a diet may seem impossible. However, did you know that February is also American Heart Month? Heart disease is the leading cause of death in the United States. Fortunately, there are actions you can take to prevent heart disease including eating a heart healthy diet. A heart healthy diet means using correct portions, eating more fruits and vegetables, choosing whole grains and low fat protein sources, and limiting your intake of unhealthy fats, cholesterol, and salt. So this Valentine's Day let's celebrate heart health by sharing these tasty, heart healthy snacks with family, friends, staff and residents.

1. Very Berry Smoothie

⇒ What you will need:

- 6 ounces of low fat or nonfat strawberry yogurt
- 4 ounces cranberry juice; 100% cranberry juice helps increase good cholesterol and lower bad cholesterol!
- ½ cup frozen mixed fruit (any kind you like such as strawberries, raspberries, blueberries, blackberries, cherries)

⇒ How to prepare:

Combine all ingredients in blender and blend until smooth



2. Red Veggie Sticks

⇒ What you will need:

- Any red vegetable you enjoy; some great options include: red bell peppers, radishes, and cherry tomatoes
- Low fat ranch dressing

⇒ How to prepare:

- Slice all veggies and serve with low fat ranch dressing on side to dip

3. Heart Shaped Toast

⇒ What you will need:

- Whole wheat bread
- Heart shaped cookie cutter
- Low fat regular or strawberry cream cheese
- Fresh strawberries



⇒ How to prepare:

- Toast bread and cut with cookie cutter
- Spread cream cheese on toast and top with strawberry slices

*Spread the Valentine spirit! Heart Shaped Toast is a fun and festive way to engage staff and residents in preparing a heart healthy breakfast.



4. Fun and Fruity Kabobs

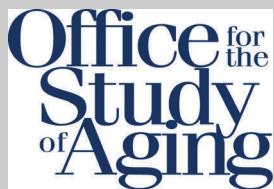
⇒ What you will need:

- 10 inch bamboo skewers
- Assorted fruits; chose fruits that are in season such as red apples, tangerines and pears. Keep the healthy habits going! The spring and summer months bring more variety of fruits such as strawberries, watermelon, grapes, blueberries, pineapple and cantaloupe. The possibilities for heart healthy options are year-round!
- Low fat or nonfat yogurt (if you want to dip the fruit as you eat)

⇒ How to prepare:

- Cut fruits into bite size pieces, you could even create heart shaped fruit pieces with a small cookie cutter for extra creativity points
- Thread fruit on to the skewers
- Serve with yogurt if desired

This Valentine's Day show love for your heart! I hope you find this information helpful because I've really been Thinking About It.



Your Happy Healthy Thinker

Thinking About It is brought to you by:

Office for the Study of Aging

Arnold School of Public Health
University of South Carolina