

**Table 4.** Patient Decision Points that Impact Risk of Cesarean <sup>80-86</sup>

<b>PATIENT DECISION POINTS THAT IMPACT RISK OF CESAREAN</b>
Choice of provider and/or facility for prenatal care and care at time of birth
Timing of admission to hospital (admission to labor and delivery while still in the latent/early phase is associated with an increased risk of cesarean)
Choice of fetal monitoring method (continuous monitoring is associated with an increased risk of cesarean)
Whether to have continuous labor support by a trained caregiver like a doula (continuous labor support improves chances of having a vaginal birth)
Induction of labor without medical indication (depending on the provider and facility, induced labor may be associated with higher rates of cesarean)