DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services Atlanta Regional Office 61 Forsyth Street, Suite 4T20 Atlanta, Georgia 30303



DIVISION OF MEDICAID & CHILDREN'S HEALTH OPERATIONS

October 15, 2018

Mr. Joshua Baker Director SC Department of Health and Human Services Post Office Box 8206 Columbia, South Carolina 29202-8206

Attention: Sheila Chavis

RE: Title XIX State Plan Amendment, SC 13-007

Dear Mr. Baker:

We have reviewed the proposed State Plan Amendment, SC 13-007, which was original submitted to the Atlanta Regional Office on June 14, 2013. This state plan removes the Integrated Personal Care (IPC) program from the Medicaid State Plan, effective July 1, 2013.

Based on the information provided, the Medicaid State Plan Amendment SC 13-007 was approved on October 15, 2018. The effective date of this amendment is July 1, 2013. We are enclosing the approved HCFA-179 and the plan pages.

If you have any additional questions or need further assistance, please contact Maria Drake at (404) 562-3697.

Sincerely,

Shantrina D. Roberts, MSN Associate Regional Administrator

Trina Robert

Division of Medicaid & Children's Health Operations

Enclosures

RECEIVED

OCT 172018

Department of Health & Human Services
OFFICE OF THE DIRECTOR

PLAN APPROVED - ONE COPY ATTACHED

19. EFFECTIVE DATE OF APPROVED MATERIAL:
7/01/13

20. SIGNATURE OF REGIONAL OFFICIAL:
7/01/13

21. TYPED NAME:
Shantrina D. Roberts

22. TITLE: Associate Regional Administrator
Division of Medicaid & Children's Health Operations

23. REMARKS: Approved with the following changes to block 8 and 9 as authorized by state agency on the RAI dated September 28, 2018.

Block # 8 changed to read: Attachment 3.1-A Limitation Supplement, Pages 6d and 6e.

Block # 9 changed to read: Attachment 3.1-A Limitation Supplement, Pages 6d and 6e.

- Demonstrates a pattern of noncompliance with the PCP plan of care
- Needs effective individualized self-management instruction to prevent further progress of a diagnosed disease/illness/condition.

Covered RSPCE must either be: (1) required for the implementation of a medical plan of care by a primary care provider and other appropriate practitioners, or (2) medically necessary services identified in the RSPCE medical plan of care which are not duplicated or otherwise covered under the State Plan.

- B. The services components are assessment and medical plan of care. If recommended by a primary care provider, the RSPCE provider may perform follow-up medical information and monitoring services.
 - RSPCE Assessment/Evaluation and Medical Plan of Care Assessments must include the
 health status, the individual's needs, knowledge level, and identify the relevant
 health risk factors which interfere with the individual's ability to maintain optimal
 health. The assessment will determine the individual's immediate and long-term needs
 or if the individual should be referred for other treatment.

The RSPCE medical plan of care must be designed to promote changes in behavior, improve health status, and develop healthier practices to restore and maintain the individual at the highest possible functioning level. The Plan of Care must be a goal-oriented plan of care (in conjunction with the physician and individual) that addresses needs identified in the assessment/evaluation and which specifies the service(s) necessary to restore the patient to an optimal state of health.

- Follow-up Medical Counseling/Monitoring Services RSPCE include the provision of risk-specific, goal-oriented, structured interventions in group or individual sessions that address the identified medical problems in the plan of care. Medical instruction includes evidence-based approaches that target the specific factors limiting improvement of the individual's health status. RSPCE may include counseling to build client and care giver self-sufficiency through structured, goal-oriented individual sessions. Group sessions that allow direct one-to-one interaction between the counselor and the individual recipient may also be used to provide some components of this service.
- Services assess patient response to the plan of care and structured interventions. Services include reassessment of the interventions to determine their effectiveness. Activities also include evaluating resources to transition individuals into other health-related medical systems. The RSPCE provider must communicate patient progress and discharge instructions to the primary care provider.

RSPCE assessments are limited to two (2) hours per year and individual and/or group services are limited to sixteen (16) hours per year. RSPCE may be provided in the patient's home, in a clinic, or in other appropriate setting. Services may not be provided while an individual is residing in an inpatient hospital or other institutional setting such as a nursing care facility or residential care facility.

- C. Qualifications of Providers Health Organizations contract to provide services. The contracted organizations must have experience providing rehabilitative services for diagnosed disease/illness/conditions, have evidence-based information, and have staff that includes credentialed direct providers of service. Direct providers of RSPCE are physicians, other licensed practitioners of the healing arts (e.g., nurses, dietitians, social workers) acting within the scope of their practice under State law, and Certified Health Educators. Licensed professional staff members supervise unlicensed health paraprofessionals (with documented special training or certification) who furnish services which are within the scope of practice of the licensed professional.
- D. Special Conditions In order to be covered as RSPCE, services must: (1) be included in the RSPCE medical plan of care; (2) address rehabilitation of a medical condition; (3) be recommended by a primary care physician or other licensed practitioner of the healing arts; (4) involve direct patient contact; and, (5) be medically-oriented.

SC 13-007 EFFECTIVE DATE: 07/01/13 RO APPROVED: 10/15/18 SUPERSEDES: SC 13-004

Attachment 3.1-A Limitation Supplement Page 6e

14.b Skilled Nursing Facility Services for Individuals Age 65 or Older in Institutions for Mental Disease. (a) Must meet utilization control criteria for admission. (b) Must meet standards for certification of need.

Basic services and items furnished in an IMD facility that are included in the per diem rate and must not be charged to the patient include the following:

A. <u>Nursing Services</u> - Include all nursing services to meet the total needs of the resigned, the administration of treatments and medications as ordered by the physician, assistance with mobility (walking or wheelchair), and routine nursing supplies. Nursing supplies include, but are not limited to such items as syringes, air mattress, I.V. supplies, adhesive tape, canes, ice bags,

SC 13-007 EFFECTIVE DATE: 07/01/13 RO APPROVAL:10/15/18 SUPERSEDES: SC 08-024