

## **Commission on Accreditation of Rehabilitation Facilities (CARF)**

**General Program Standards:** For an organization to achieve quality services, the persons served are active participants in the planning, prioritization, implementation, and ongoing evaluation of the services offered. The service planning process is individualized, establishing goals and objectives that incorporate the unique strengths, needs, abilities, and preferences of the persons served. General program standards typically require the following (but should be verified and reviewed within Section 2 of the CARF Child and Youth Services [CYS] & Behavioral Health [BH] Standards Manuals):

- Comprehensive Program Structure
- Screening and Access to Services
- Person-centered Plans
- Transition/Discharge Planning
- Medication Use
- Non-Violent Practices
- Records of Persons Served
- Quality Records Management

**Behavioral Health Field Categories:** For each behavioral healthcare program selected for accreditation from Section 3, an organization must identify which behavioral health field category the core program operates. Field categories are used to characterize the purpose, intent, and overall focus of a core program. A field category is not required for any program under the CYS Manual.

**Providers must choose one of the following field categories:**

- Substance Use Disorders (SUD)
- Mental Health
- Psychosocial Rehabilitation
- Family Services
- Integrated SUD/Mental Health
- Integrated DD/Mental Health

**Specific Population Designation: Child and adolescent providers must demonstrate evidence of designation**

- Children and Adolescents (CA) (up to age 18)

**Accepted Levels of Accreditation Decisions:**

- Three-Year Accreditation
- Provisional Accreditation
- One-Year Accreditation

**CARF Manuals**

- Behavioral Health (BH) Standards Manual
- Child and Youth Services (CYS) Standards Manual
- Employment and Community Services (ECS) Standards Manual

**CARF's standards can be accessed at:** <http://www.carf.org/home/>

CARF Standards	Covered Rehabilitative Services
Assessment and Referral (BH Manual or CYS Manual)	Behavioral Health Screening (BHS), Diagnostic Assessment (DA), Psychological Testing and Evaluation (PTE), Service Plan Development (SPD)
Behavioral Consultation (CYS Manual)	BHS, Behavior Modification (B-Mod), DA, PTE
Case Management/Services Coordination (BH Manual or CYS Manual)	BHS, DA, PTE, SPD
Community Employment Services (ECS Manual)	SPD, MM (Medication Management), Individual Psychotherapy (IP), Group Psychotherapy (GP)
Community Integration (BH Manual)	BHS, Community Integration Services (CIS), DA, PRS, PTE, SPD
Counseling/Outpatient (CYS Manual)	BHS, DA, Family Psychotherapy (FP), Family Support (FS), GP, IP, Multiple Family Group Psychotherapy (MFGP), Psychosocial Rehabilitation Services (PRS), PTE, SPD, Therapeutic Childcare Center (TCC)
Crisis Intervention (BH Manual or CYS Manual)	BHS, Crisis Management (CM), DA, PTE, SPD
Day Treatment (BH Manual or CYS Manual)	BHS, DA, FP, GP, MFGP, IP, PTE, SPD
Early Childhood Development (CYS Manual)	BHS, B-Mod, DA, PRS, PTE, SPD, TCC
Foster Family and Kinship Care (CYS Manual)	BHS, B-Mod, DA, FP, FS, GP, IP, MFGP, PRS, PTE, SPD
Intensive Family Based Services (BH Manual or CYS Manual)	BHS, B-Mod, CM, DA, FP, FS, GP, IP, MFGP, MM, PRS, PTE, SPD, TCC
Intensive Outpatient Treatment (BH Manual or CYS Manual)	BHS, DA, FP, FS, GP, MFGP, IP, PTE, SPD, TCC
Outpatient Treatment (BH Manual)	BHS, DA, FP, FS, GP, IP, MFGP, PRS, PTE, SPD, TCC
Residential Treatment (BH Manual or CYS Manual)	BHS, B-Mod, CM, DA, FP, FS, GP, IP, MFGP, PRS, PTE, SPD
Specialized or Treatment Foster Care (BH Manual or CYS Manual)	BHS, B-Mod, DA, FP, FS, GP, IP, MFGP, MM, PTE, SPD
Supported Living (BH Manual)	BHS, DA, FS, MM, PRS, PTE, SPD

**Council on Accreditation (COA)/Social Current**

**Administration and Management Standards and Service Delivery Administration Standards**

**All organizations are required to implement COA's Administration and Management Standards and Service Delivery Administration Standards which include:**

- Ethical Practice (ETH) \*\*\*
- Financial Management (FIN)
- For-Profit Administration and Financial Management (AFM)\*
- Governance (GOV)
- Human Resources Management (HR)

- Network Administration (NET)\*\*
- Performance and Quality Improvement (PQI)
- Risk Prevention and Management (RPM)
- Administrative and Service Environment (ASE)
- Behavior Support and Management (BSM)
- Client Rights (CR)
- Program Administration (PRG)\*\*\*\*
- Training and Supervision (TS)

*\*This standard is only applicable to for-profit entities*

*\*\*This standard is only applicable to network management entities*

*\*\*\* This standard will not apply to organizations accredited after 2020*

*\*\*\*\* This standard only applies to organizations accredited after 2020*

### Service Standards

As a result of COA's comprehensive structure of its Service Standards, Core Rehabilitative Services, Core Treatment, and Community Support Services can be contained within many different COA Service Standards as they are components of a larger program. The chart below details the varying applicable COA Service Standard sections.

Organizations currently accredited for Supported Community Living (SCL) will maintain this designated accreditation until they transition to Housing Stabilization and Community Living Services (HSCL).

### Accepted Levels of Accreditation Decisions:

Accreditation or Reaccreditation Approval (effective for a period of four years)

Social Current/COA's standards can be accessed at: <https://www.social-current.org/>

COA/Social Current Standards	Covered Rehabilitative Services
Adult Day Services (AD)	Service Plan Development (SPD), Behavioral Health Screening (BHS), Diagnostic Assessment (DA), Community Integration Services (CIS)
Child and Family Development and Support Services (CFD)	SPD, BHS, DA, Psychosocial Rehabilitation Services (PRS), Behavior Modification (B-Mod), Family Support (FS), Therapeutic Childcare Center (TCC)
Counseling/Coaching Support, and Education Services (CSE)	BHS, PRS, B-Mod, FS, CIS
Crisis Response and Information Services (CRI)	BHS, DA, Crisis Management (CM)
Day Treatment Services (DTX)	BHS, DA, SPD, PRS, B-Mod, FS, Individual Psychotherapy (IT), Group Psychotherapy (GT), Multiple Family Group Psychotherapy (MFT), Family Psychotherapy (FT), CM, CIS, TCC
Family Foster Care and Kinship Care (FKC)	Psychological Testing and Evaluation (PTE), DA, BHS, SPD, IT, FT, CM, PRS, B-Mod, FS
Family Preservation and Stabilization Services (FPS)	BHS, DA, SPD, IT, FT, CM, PRS, B-Mod, FS, TCC
Group Living Services (GLS)	PTE, BHS, DA, SPD, IT, GT, MFT, FT, PRS, B-Mod, FS

Housing Stabilization and Community Living Services (HSCL)	SPD, BHS, DA, PRS, CIS
Medication Control and Administration	Medication Management (MM)
Psychiatric Rehabilitation Services (PRS)	BHS, DA, SPD, PRS, CIS
Residential Treatment Services (RTX)	PTE, DA, BHS, SPD, IT, GT, MFT, FT, PRS, B-Mod, FS, CM
Services for Mental Health and/or Substance Use Disorders (MHSU)	PTE, BHS, DA, SPD, IT, GT, MFT, FT, CM, PRS, B-Mod, FS, CIS, TCC
Shelter Services (SH)	BHS, DA, SPD, PRS, B-Mod, FS
Supervised Visitation and Exchange (SVE)	SPD, BHS, DA, IT, FT
Supported Community Living Services (SCL)	SPD, BHS, DA, PRS, CIS
Vocational Rehabilitation Services (VOC)	SPD, BHS, DA, CIS
Youth Independent Living Services (YIL)	BHS, DA, SPD, PRS

#### The Joint Commission (TJC)

**Comprehensive Accreditation Manual for Behavioral Health Care:** Providers are required to demonstrate compliance with all applicable standards contained in the Behavioral Health Care Manual.

**The standards-based performance areas for all behavioral health care organizations are:**

- Care, Treatment and Services (CTS)
- Environment of Care (EC)
- Emergency Management (EM)
- Human Resources Management (HRM)
- Infection Prevention and Control (IC)
- Information Management (IM)
- Leadership (LD)
- Life Safety (LS) (in 24-hour settings)
- Medication Management (MM)
- National Patient Safety Goals (NPSG)
- Performance Improvement (PI)
- Record of Care, Treatment and Services (RC)
- Rights and Responsibilities of the Individual (RI)
- Waived Testing (WT) (when applicable)

**Accepted Levels of Accreditation Decisions:**

- Accreditation

TJC's standards can be accessed at: <http://www.jointcommission.org/>

Core Rehabilitative Service Standards	TJC Standards
Service Plan Development (SPD)	Care, Treatment, and Services
Behavioral Health Screening (BHS)	Care, Treatment, and Services
Diagnostic Assessment (DA)	Care, Treatment, and Services
Psychological Testing and Evaluation (PTE)	Care, Treatment, and Services
Core Treatment	TJC Service

Individual Psychotherapy (IT)	Outpatient Mental Health/Substance Use Services
Group Psychotherapy (GT)	Outpatient Mental Health/Substance Use Services
Multiple Family Group Psychotherapy (MFT)	Outpatient Mental Health/Substance Use Services
Family Psychotherapy (FT)	Outpatient Mental Health/Substance Use Services
Crisis Management (CM)	Outpatient Mental Health/Substance Use Services
Medication Management (MM)	Outpatient Mental Health/Substance Use Services
<b>Community Support Services</b>	<b>TJC Service/Setting</b>
Psychosocial Rehabilitation Services (PRS)	Service: Mental Health/Substance Use Services  Setting: Outpatient, Day Treatment, Intensive Outpatient Program (IOP), Partial Hospitalization Program (PHP)
Behavior Modification (B-Mod)	Service: Mental Health/Substance Use Services  Setting: Outpatient
Family Support (FS)	Service: Mental Health/Substance Use Services, Family Support Services, Community Integration  Setting: Outpatient
Therapeutic Childcare Services (TCC)	Service: Mental Health, Child/Youth Category  Setting: Day Treatment
Community Integration Services (CIS)	Service: Mental Health, Adult and Community Integration  Setting: Day Treatment, Outpatient