

ADHD Management

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Goals of Follow-up

- Assess adherence to treatment plan
- Assess response to therapies
- Assess for adverse effects
- Address any contributing factors to ADHD symptoms
- Adjust, Add, or Change current therapies

Adherence

- Daily vs Drug Holidays
 - SCRIPTS PMP
- Behavioral Modifications
- School Modifications
 - IEP
 - 504 Plan

Response to Treatment

- Patient and Family Input
- School Input/Resources
- Vanderbilt F/U Forms
- Observation

Adverse Effects

- Hemodynamics
- Poor Appetite/Weight loss
- Cardiovascular symptoms
- Headache
- Tics
- Emotional Lability/Irritability
- Behavior changes
- Sleep abnormalities
- Other?

Contributing Factors

- Sleep
- Allergic Symptoms
- Poor Health Habits
 - Diet
 - Exercise
- ACEs

Follow-up

- Monthly if changes are being made
 - PRN more frequently
- Every 3 months if well-controlled

When nothing works...

- Re-visit initial goals of therapy
- Wrong Dose? Wrong Drug?
- Comorbidity?
- Alternative diagnosis?
- ACEs?

Things that make my life easier...

- Electronic Prescribing for Controlled Substances (EPCS)
- Behavioral Health Integration
 - Behavioral Health Consultants
- QTIP (Kristine and Dr. Khetpal)

Questions?





The Foxworths
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Age 8