# January 2021 Learning Collaborative

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Mental Health Integration Coordinator





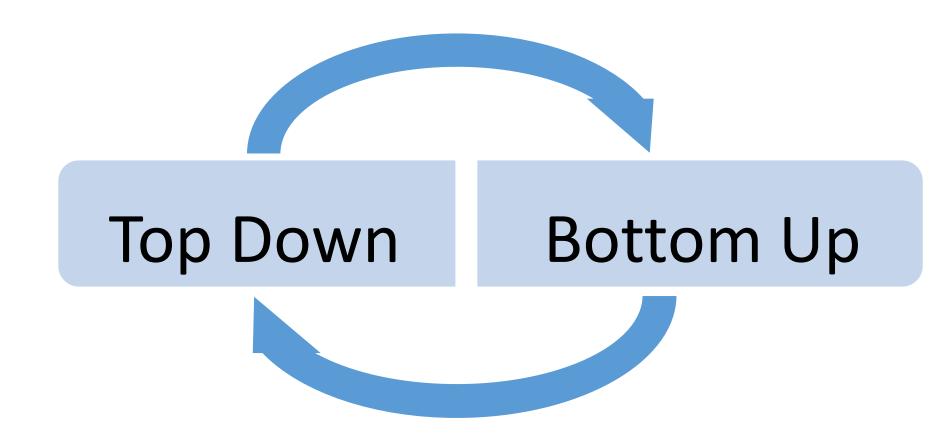




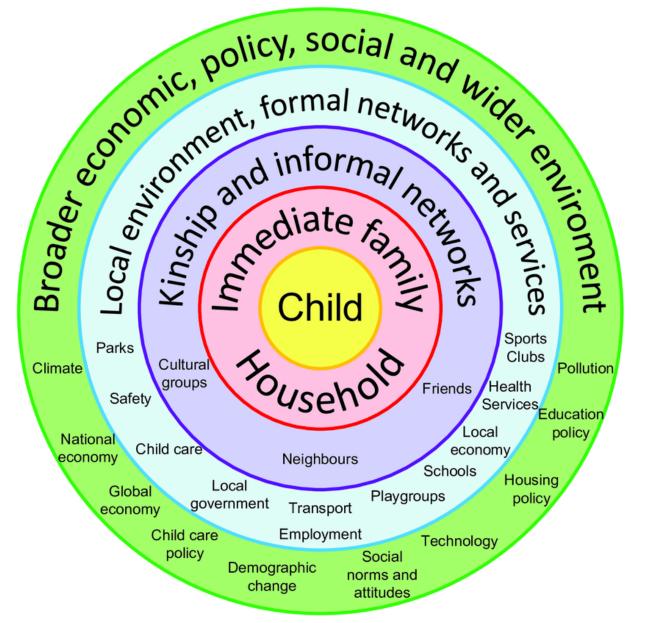
help seeing goal attainment even in this attainment environment



### Quality Improvement is ALWAYS

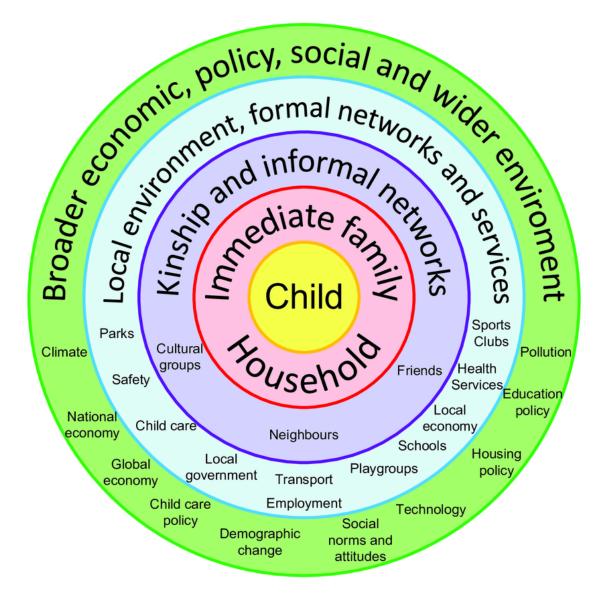






https://www.researchgate.net/profile/Kathryn\_Scott2/publication/311843438/figure/fig1/AS:651201662177280@1532269983007/Bronfenbrenners-ecological-model-Diagram-by-Joel-Gibbs-based-on-Bronfenbrenners-1979.png





#### Child Care in SC

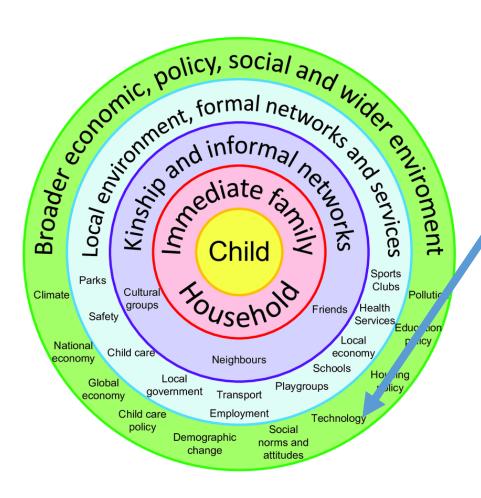
- 37% stayed open
- That means 63% closed.

#### Kids need care.

- Family obligations
- Work obligations
- Family Economics
- Employer economics
- Community, state, national economics

https://www.researchgate.net/profile/Kathryn\_Scott2/publication/311843438/figure/fig1/AS:651201662177280@1532269983007/Bronfenbrenners-ecological-model-Diagram-by-Joel-Gibbs-based-on-Bronfenbrenners-1979.png https://www.instituteforchildsuccess.org/publication/continued-impact-covid19-sc-child-care/





Nationally - CMS provided numerous flexibilities for telehealth

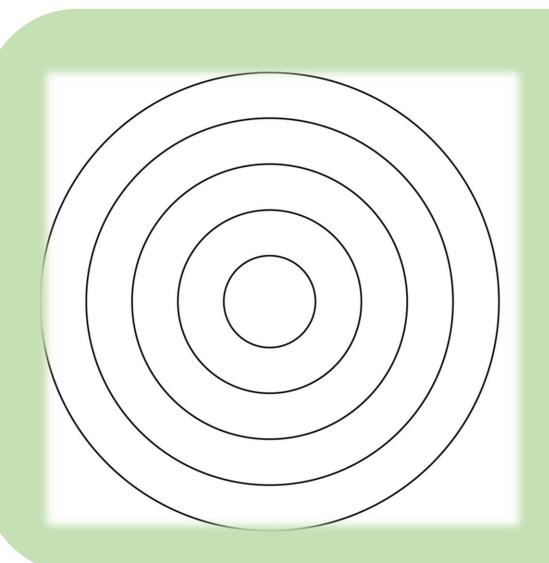
State - DHHS telehealth codes

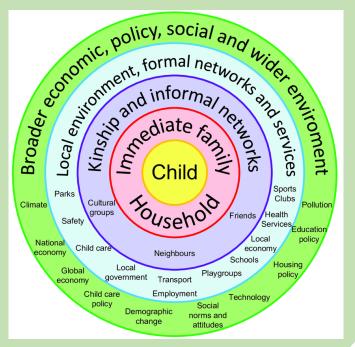
Community - Practices used telehealth

Individual – Parents could access virtually

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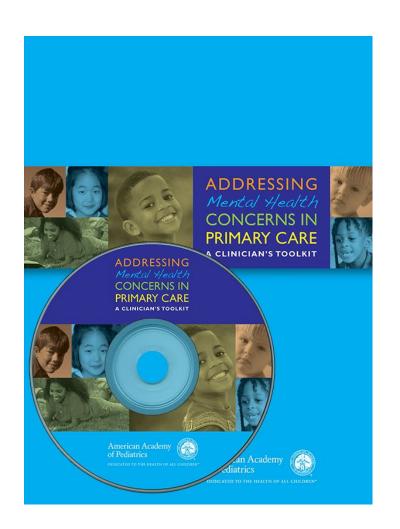






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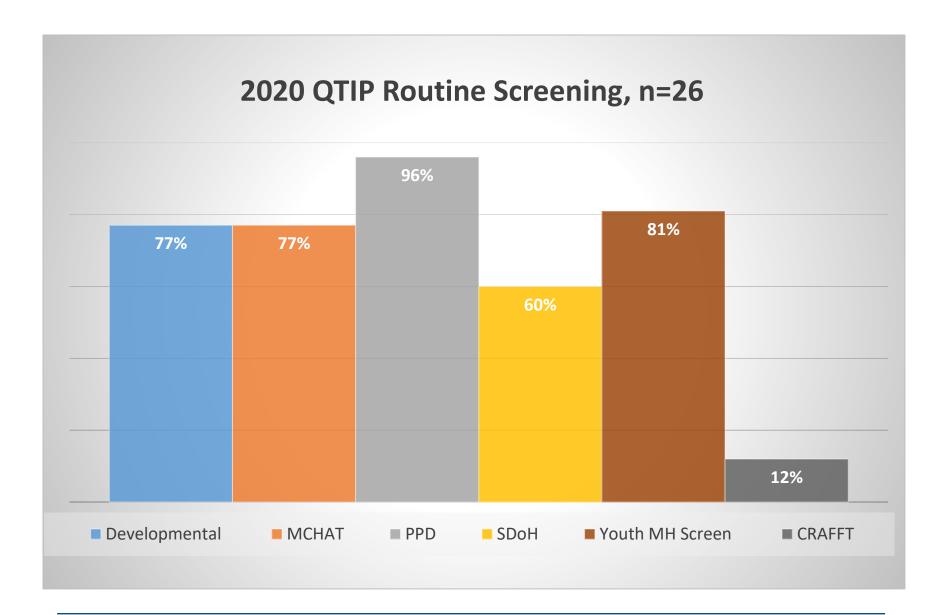




#### **Framework for MH Activities**

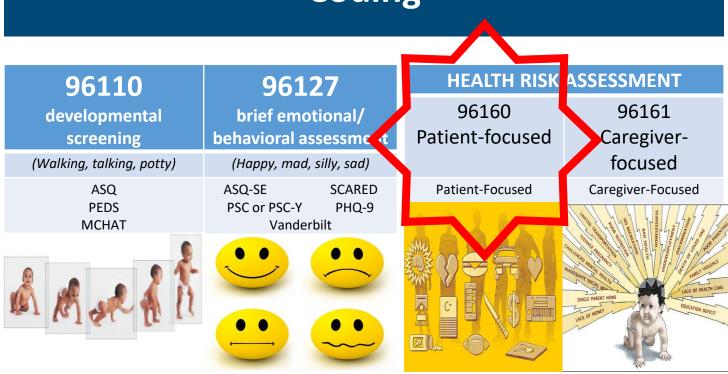
- Community Resources
- Health Care Financing
- Support for Children and Families
- Clinical Information
   Systems/Delivery Systems Redesign
- Decision Support for Clinicians

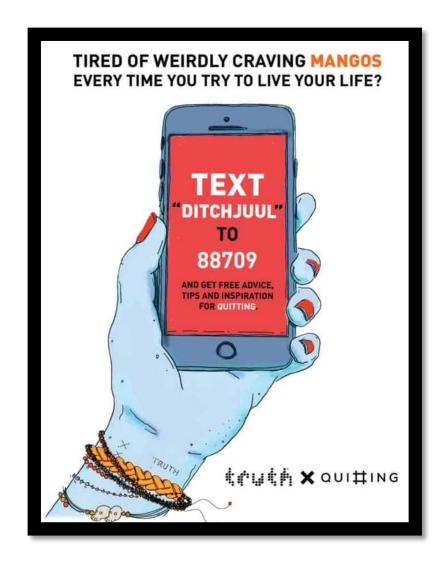












Parents and other adults looking to help young people quit should text:

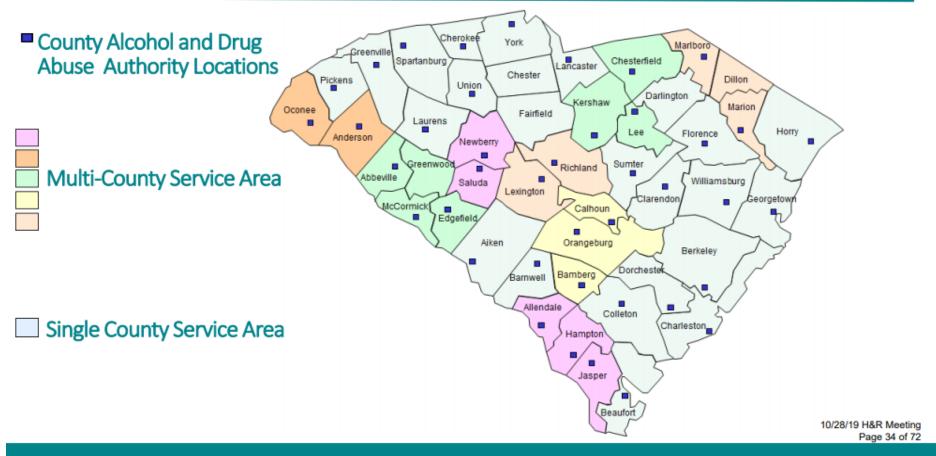
"QUIT" to 202-899-7550

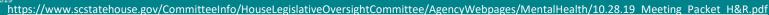
https://www.ednc.org/text-in-quit-line-for-vaping-subscribes-more-than-100-young-people-daily/



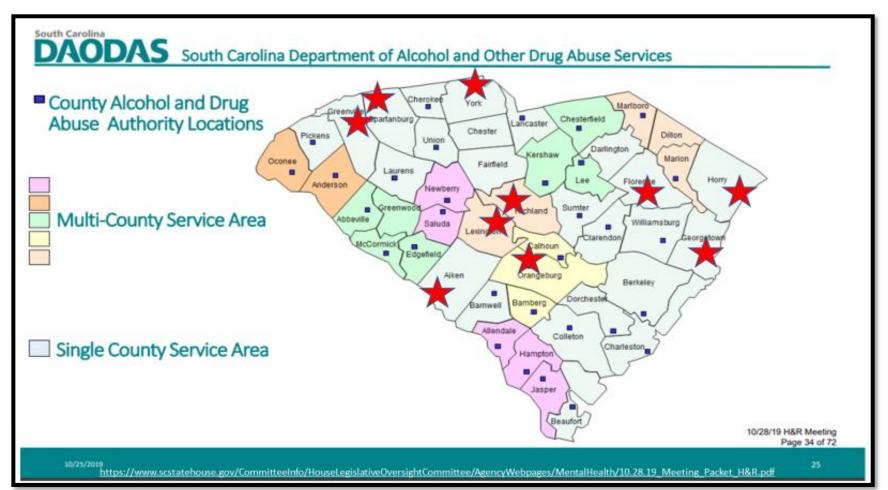
### South Carolina

### DAODAS South Carolina Department of Alcohol and Other Drug Abuse Services







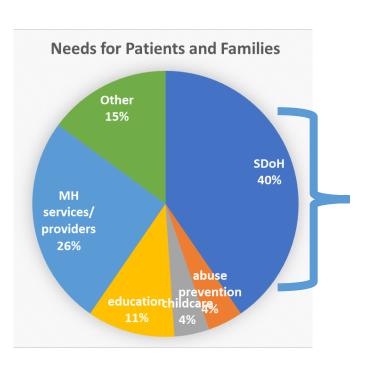




**DAODAS Centers QTIP has visited.** 



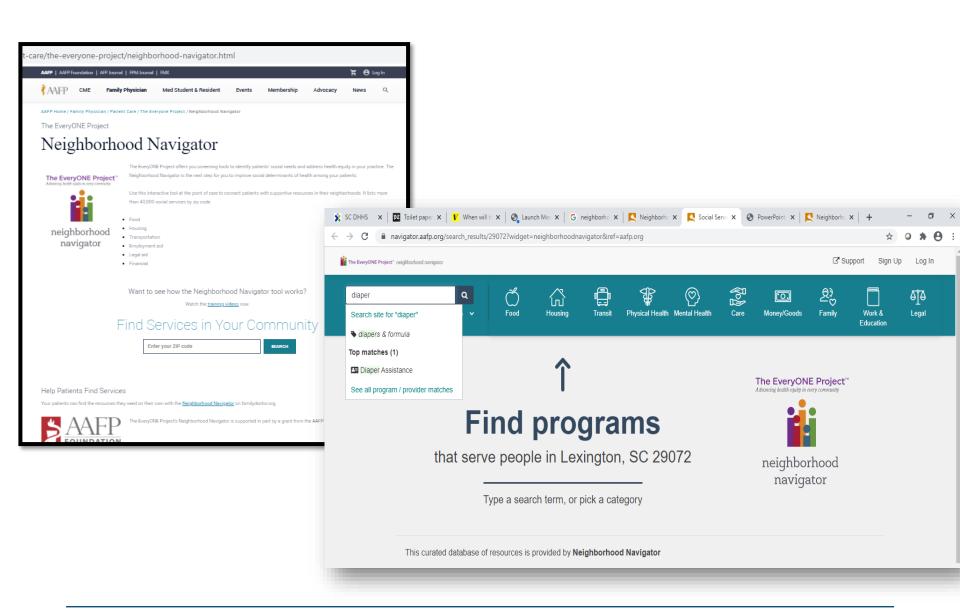
### **Summer Survey**



- Winter coats
- Diapers
- Gas
- Groceries















Even if you are working, you might be eligible for healthy foods and personalized nutrition information.

To apply for WIC or make an appointment, call 1-855-4-SCDHEC (1-855-472-3432).

Visit www.scdhec.gov/wic.

#### WIC has the answers to all of these questions:

- · What kind of food should your children be eating?
- · Where can your children get immunizations (shots)?
- · How can you learn more about breastfeeding?

#### WIC helps:

• Women: Pregnant, recently pregnant, breastfeeding,

or who have a new baby

• Infants: Newborn to age 1

· Children: Ages 1 to 5

WIC INCOME ELIGIBILITY GUIDELINES Effective July 1, 2019 to June 30, 2020			
FAMILY SIZE	INCOME (185% POVERTY)		
	YEARLY	MONTHLY	WEEKLY
1	\$23,107	\$1,926	\$445
2	\$31,284	\$2,607	\$602
3	\$39,461	\$3,289	\$759
4	\$47,638	\$3,970	\$917
5	\$55,815	\$4,652	\$1,074
6	\$63,992	\$5,333	\$1,231

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For each additional family member add:

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of thering or have speech disabilities may contact USDA through the Federal Relay Service at (200 pt7-1235. Addiomally, program information may be made available in languages ofter than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint, filing.coix.l.l.nini, and a say USDA office, or write a letter addressed to USDA and provide in the letter ail of the information requested in the form. To request a copy of the complaint form, call (666) 622-9992. Submit your completed form or letter to USDA and provide in the letter ail of the information requested in the form. To request a copy of the complaint form, call (666) 622-9992. Submit your completed form or letter to USDA yet (1) and USD. Department of Agriculture; Office of the Assistant Secretary for Civil Rights, 1400 Independence Arenus, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (2) email: program inflate-Broads.gov.

This institution is an equal opportunity provider.

ML-025416 5/19

\$1,546

\$158

### wic foods

#### for children

#### These WIC Foods...

- · Are low in fat and high in fiber
- · Prom
- Drovid
- Are co Guidel

#### What you will receive:

#### GRAINS

- 6 ounces iron-fortified cer
- · 2 pounds of whole wheat bread or other
- whole grain option:
- · Whole wheat tortillas
- Soft Com tor
- Brown rice
- Whole grain breach

#### FRUITS & VEGETABLES

- \$8 cash value voucher
- Fresh
- Frozen
- Canned
- 128 fluid ounces of vitamin C-rich juice

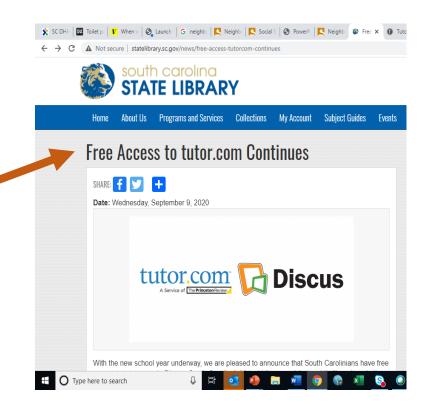
#### DAIRY

#### **PROTEIN**

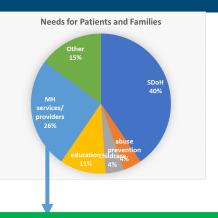
or peas *or* ut butter for



### **Summer Survey Needs for Patients and Families** Other **SDoH** 40% MH services/ providers 26% abuse prevention education: hildcare,



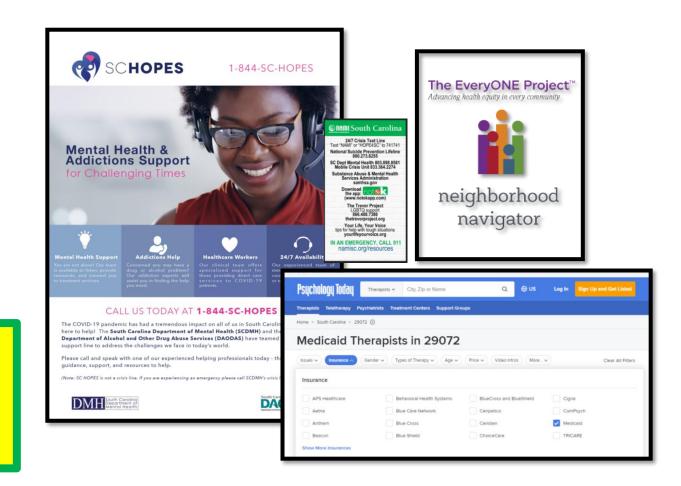
### **Summer Survey**



#### SCHOPES 1-844-SC-HOPES

Healthcare Workers

NAMI Resource Cards Neighborhood navigator Psychology Today Website





### **Suicide Prevention Workshop**

#### **Objectives for Primary Care Office**

Develop and use an office plan that works.

#### Suggested plan

- 1. Use Screening Tools
- 2. ASK Questions during visit
- 3. Identify Risk/Protective Factors
- 4. Conduct Suicide Inquiry
- 5. Determine Risk Level
- 6. Determine Intervention Needed
- **7. Treat** Depression, if appropriate
- 8. Follow-Up



- 2<sup>nd</sup> leading cause of death of 10–18-year-olds
- Every interaction has potential to be an intervention.
- Depression and/or Suicide Risk? Yes.
  - Screen for both
  - > PHQ-A with asQ
- 90% of suicide attempt survivors <u>do not</u> go on to die of suicide.
- Every suicide death affects 135 people.
- The first 72 hours are very chaotic.
  - > Refer to death as sudden traumatic loss
- Lethal means firearms, suffocation, medications
- Postvention matters. Two areas you can influence:
  - > Safe messaging guidelines
  - > How to talk to loss survivors



### Wellness "Webex" Wednesdays



## PEDIATRIC MENTAL HEALTH MINUTE SERIES

12:30-1:30 pm

February 3 March 3 April 7



