

# QTIP SAFE SLEEP WORKSHOP KEY DRIVERS

**SMART Aim:**  
Appropriate safe sleep screening and guidance provided for 75% of families with infant under 6 months of age by end of the QI project.

## Primary Drivers

Practice/ Provider buy in.

Parental/Family knowledge and education.

## Secondary Drivers

Staff education

Safe sleep screening

Promote breast feeding

EMR Documentation of safe sleep screening /counseling

Safe sleep counseling

Safe sleep resources given

Counseling parents about impaired sleeping

Safe sleep book given

Help parents find safe sleep designated childcare

Promoting safe sleep in the community

## Change Ideas

Staff education through lunch and learns

Education materials displayed around the practice

Safe sleep crib demos in the waiting rooms

Safe sleep book given at newborn well visits

Create and update safe sleep designated infant care provider list

Safe sleep screening done at well visits until 6 months of age

Create a breastfeeding friendly practice

Safe sleep education provided by clinical staff at appropriate visits

Crib cards or other education materials given to parents

Community safe sleep promotional events

Incorporate safe sleep screening/ anticipatory guidance into EHR

Document discussion about caregivers avoiding Alcohol/tobacco/marijuana