

QTIP Safe Sleep Workshop Resource List

Fall – 2023

I. Resources for Pediatricians/Clinical Staff/Offices

- a. AAP Safe Sleep Professional Tools & Resources
<https://www.aap.org/en/patient-care/safe-sleep/>
- b. AAP Safe Sleep Toolkit
<https://www.aap.org/en/news-room/campaigns-and-toolkits/safe-sleep/>
- c. Updated 2022 Recommendations for Reducing Infant Deaths in the Sleep Environment
<https://doi.org/10.1542/peds.2022-057990>
- d. New Safe Sleep Recommendations Can Help Pediatricians Guide Families
[20619.pdf \(silverchair-cdn.com\)](#)
- e. CDC Vital Signs – Safe Sleep
<https://www.cdc.gov/vitalsigns/pdf/2018-01-vitalsigns.pdf>
- f. NIH Safe to Sleep Campaign
<https://safetosleep.nichd.nih.gov/>
 - i. SIDS Awareness Month Toolkit (October)
[SIDS Awareness Month Toolkit | Safe to Sleep® \(nih.gov\)](#)
 - ii. Continuing Education for Nurses
<https://safetosleep.nichd.nih.gov/training/CE>
 - iii. Healthy Native Babies Project Tools and Training
https://www.nichd.nih.gov/sites/default/files/publications/pubs/documents/healthy_native_babies_workbook.pdf
 - iv. Shareable Resources
[Shareable Resources | Safe to Sleep® \(nih.gov\)](#)
 - v. Order Materials
[Order, Print, and Download Materials | Safe to Sleep® \(nih.gov\)](#)
- g. DHECs Safe Sleep, Every Sleep for Infants
<https://scdhec.gov/safe-sleep-every-sleep-infants>
- h. DHEC Educational Materials Product Order Site
<https://scdhec.gov/about-dhec/educational-materials-library-product-order-site>
- i. Cribs for Kids
<https://cribsforkids.org/>
 - i. Safe Sleep Academy
<https://safesleepacademy.org/>
 - ii. Toolkit & Resources
<https://cribsforkids.org/toolkit-resources/>
 - iii. Grandparents and Safe Sleep
<https://safesleepacademy.org/grandparents-safe-sleep/>
 - iv. Infant Bereavement Resources
<https://cribsforkids.org/healing-hearts/>
- j. NICHQ Infant Mortality CoIN Prevention Toolkit
<https://nichq.org/resource/infant-mortality-coin-prevention-toolkit>

- i. Current Initiatives
<https://nichq.org/approach/current-initiatives>
- ii. Webinars
<https://nichq.org/resources/webinars>
- iii. Publications
<https://nichq.org/resources/publications>
- k. Newborn Supply Kit
[About the Newborn Supply Kit | HHS.gov](#)
- l. SUID AAP 2022 Risk Reduction policy statement (pdf attachment)
The items below were developed for other states. You may modify them, so they are tailored to the specific needs of your practice.
- m. Crib Cards from Vermont (pdf attachment)
- n. Safe Sleep Audit from Vermont (pdf attachment)
- o. Baby Bear Safe Sleep Message and QR code 2023 English (pdf attachment)
- p. Dear Mom Dad Grandma Grandpa safe sleep information 2023 English (pdf attachment)

II. Information for Parents, Relatives and Childcare Providers

- a. Breastfeeding & Safe Sleep
[Breastfeeding & Safe Sleep | Safe to Sleep® \(nih.gov\)](#)
- b. Ways to Risk Baby's Risk
[Ways to Reduce Baby's Risk | Safe to Sleep® \(nih.gov\)](#)
- c. Safe Sleep Environment for Baby
[Safe Sleep Environment | Safe to Sleep® \(nih.gov\)](#)
- d. Interactive Sleep Room
<https://safetosleep.nichd.nih.gov/reduce-risk/safe-sleep-environment/room>
- e. Information for Parents from HealthyChildren.org on Baby Products to Avoid
<https://bit.ly/3PFcGun>
- f. CDCs SUID and SIDS Information for Parents and Caregivers
<https://www.cdc.gov/sids/parents-caregivers.htm>
- g. Materials for American Indian/Alaska Native Parents and Caregivers
https://www.nichd.nih.gov/sites/default/files/2023-07/NICHD_STIS_AIAN_Booklet_final_7.11.23.pdf
- h. Grief Resources
<https://www.cdc.gov/sids/parents-caregivers.htm#grief>