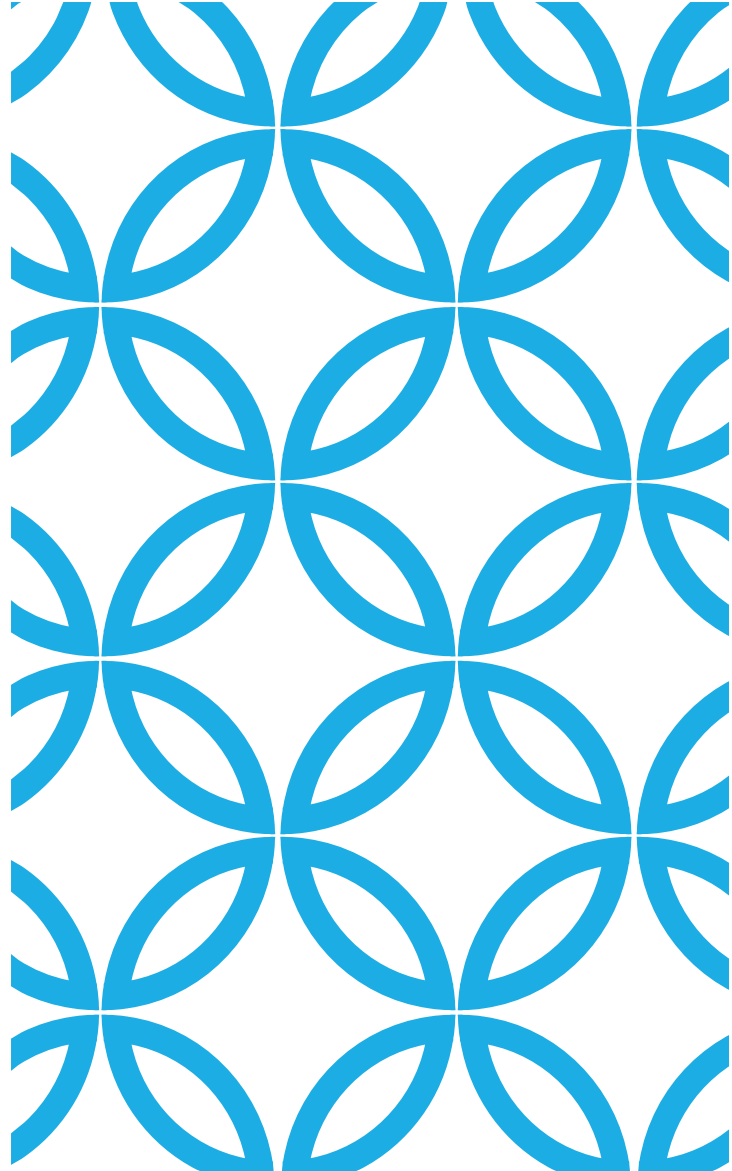




**WELCOME TO THE FALL QI
SAFE SLEEP WORKSHOP**

SEPTEMBER 13, 2023

**BABIES SLEEP ... So
WHAT'S THE FUSS?**

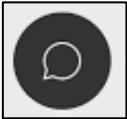


WELCOME

THANK YOU FOR JOINING US



- Please remember to mute yourself.



- Q & A sessions will be held at the end of each presenter's time. Enter questions for the Q & A in the chat box.
 - Use the **chat box** to ask questions to the presenter.
 - Make sure your chat box questions are addressed to "everyone".
- Sessions and chats will be **recorded** for later viewing



- If you are experiencing low bandwidth, please turn your video off by clicking on the video camera icon.



Practices will become familiar with the AAP's updated safe sleep guidelines and understand the SIDS/SUID data and the disparities.



Practices QI activities to promote safe sleep may include:

- **Distributing Safe Sleep Books**
- **Discussing safe sleep at childcare**
- **Documentation of safe sleep conversations**
- **Pre/post safe sleep knowledge check**
- **Connections with MCOs for specific safe sleep needs**



Key Drivers of the Workshop:

- **Provider/nursing buy-in**
- **Consistent safe sleep screening /counseling**
- **Accurate documentation in EMR of safe sleep screening/counseling**
- **Educating families on updated AAP guidelines on safe sleep**

Babies Sleep ... So What's the Fuss?

SMART AIM: Appropriate safe sleep screening and guidance for 75% of families with infant under 6 months of age by end of the QI project.

CONTENT EXPERTS:

Barbara M. Ostfeld, PhD

Jessica H. Sharp, MAT, IME-E



SEPTEMBER 13, 2023 KICK-OFF SESSION AGENDA



| | | |
|---------|--|--|
| 5 mins | Marlo Koger | QTIP Introduction |
| 45 mins | Barbara M. Ostfeld, PhD Program Director, SIDS Center of New Jersey; Professor of Pediatrics, Rutgers Robert Wood Johnson Medical School | Overview of AAP Recommendations and Risk Reduction |
| 10 mins | Jessica Sharp, MAT, IMH-E, Director, SC Program for Infant /Toddler Care | Choosing a Childcare Provider for Safe Sleep |
| 10 mins | Ramkumar Jayagopalan, MD QTIP Medical Director | QTIP Key Driver Diagram, MOC and Action Items |
| 5 mins | Marlo Koger, MPH QI Specialist | <ul style="list-style-type: none"> Safe Sleep Books Summary of Future Meetings and Expectations |
| 10 mins | All | <ul style="list-style-type: none"> Q/A & Adjourn |

Barbara M. Ostfeld PhD

Barbara M. Ostfeld, Ph.D. is a professor of pediatrics at Rutgers Robert Wood Johnson Medical School and Program Director of the SIDS Center of New Jersey, which she helped establish in 1987 to serve the missions of bereavement support, research, and public health education. Dr. Ostfeld served on the Expert Leadership Group of the National Action Partnership to Promote Safe Sleep, and her research contributed to the safe sleep policy of the American Academy of Pediatrics. For her work on SIDS, she was named a Champion for Children by the American Academy of Pediatrics-NJ Chapter. She is a member of the SIDS Autopsy Protocol Committee, Office of the NJ State Medical Examiner and served on the Sudden Unexpected Infant Death Investigation Subcommittee of the NJ Child Fatality Review Board. As a member of the Division of Neonatology, she also served until recently as program director of High-Risk Infant Follow-up assessing outcomes of prematurity. Her activities on behalf of health equity include service on the NJ Perinatal Quality Collaborative Health Disparities Work Group.





Jessica Sharp, MAT, IMH-E

Jessica is an experienced leader with over two decades of direct and indirect service to children and families in South Carolina. Prior to leading SCPITC, she managed the organization's statewide Infant/Toddler Specialist Network. Jessica is steeped in the culture of childcare in South Carolina, having begun her career as a care teacher of children birth to age five. Driven by her passion to serve children and families, she has also worked as the director of a nationally-accredited child development center and supported early care and education at the systems level through her management of countywide initiatives at the United Way of Greenville County.

As a leader in South Carolina's infant/toddler quality initiatives, Jessica engages in multiple intrastate and cross-state collaborations to innovate new services for infant/toddler childcare providers and augment access to resources across the state.

Jessica holds a Bachelor of Arts degree in Art from Furman University, and a Master of Arts in Teaching degree in Early Childhood Education from Converse College. She teaches a graduate course on Relationship-Based Caregiving for Infants and Toddlers at the University of South Carolina.

Outside of work, Jessica enjoys spending time with her husband and daughter and volunteering with local non-profit organizations. She also performs with the South Carolina Bach Choir.

Safe Sleep Workshop Assignments

Track 1A – AM



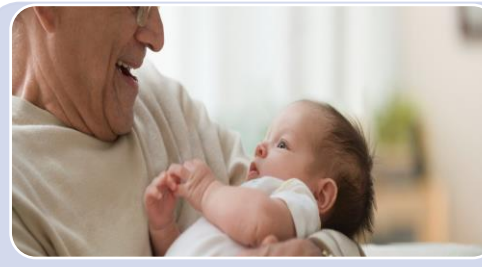
Palmetto Peds Aiken
Palmetto Peds
Columbia
Georgetown
Sandhills

Track 1B - PM



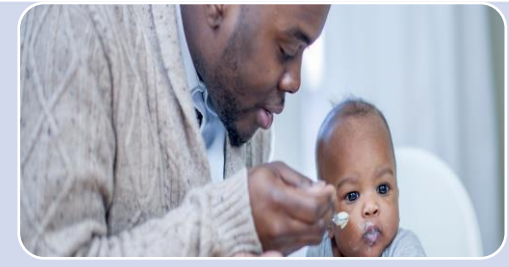
Tidelands
Carolina Peds
Coastal Peds
MUSC Moncks
Corner

Track 2A – AM



BJHCHS
Tiger Peds
Parkside
Center for Pediatric
Medicine

Track 2B - PM



Beaufort Peds
CHOC
Hope Health
Florence
Grand Strand Peds

“Babies Sleep ... So What’s the Fuss?”

Touchpoint Dates and Times

| Track 1 | | | | Track 2 | | | |
|----------------|-------------------------------|-----------------|---------------------------|----------------|--|-----------------|--|
| 19-Sep | | | | 26-Sep | | | |
| 10-Oct | | | | 17-Oct | | | |
| 7-Nov | | | | 14-Nov | | | |
| A | | B | | A | | B | |
| 7:20 AM | <i>Palmetto Peds Columbia</i> | 12:00 PM | <i>Tidelands</i> | 7:40 AM | <i>BJHCHS</i> | 12:00 PM | <i>Beaufort Peds</i> |
| 7:40 AM | <i>Palmetto Peds Aiken</i> | 12:10 PM | <i>Carolina Peds</i> | 7:50 AM | <i>Tiger Peds</i> | 12:10 PM | <i>Children’s Hospital Outpatient Clinic</i> |
| 8:00 AM | <i>Georgetown</i> | 12:20 PM | <i>Coastal Peds</i> | 8:00 AM | <i>Parkside</i> | 12:20 PM | <i>Hope Health Florence</i> |
| 8:10 AM | <i>Sandhills</i> | 12:30 PM | <i>MUSC Moncks Corner</i> | 8:10 AM | <i>Center for Pediatric Medicine</i> | 12:30 PM | <i>Grand Strand Peds</i> |

QTIP SAFE SLEEP WORKSHOP KEY DRIVERS

SMART Aim:
Appropriate safe sleep screening and guidance provided for 75% of families with infant under 6 months of age by end of the QI project.

Primary Drivers

Practice/ Provider buy in.

Parental/Family knowledge and education.

Secondary Drivers

Staff education

Safe sleep screening

Promote breast feeding

EMR Documentation of safe sleep screening /counseling

Safe sleep counseling

Safe sleep resources given

Counseling parents about impaired sleeping

Safe sleep book given

Help parents find safe sleep designated childcare

Promoting safe sleep in the community

Change Ideas

Staff education through lunch and learns

Education materials displayed around the practice

Safe sleep crib demos in the waiting rooms

Safe sleep book given at newborn well visits

Create and update safe sleep designated infant care provider list

Safe sleep screening done at well visits until 6 months of age

Create a breastfeeding friendly practice

Safe sleep education provided by clinical staff at appropriate visits

Crib cards or other education materials given to parents

Community safe sleep promotional events

Incorporate safe sleep screening/ anticipatory guidance into EHR

Document discussion about caregivers avoiding Alcohol/tobacco/marijuana

ABP MOC PART 4

To be Eligible for Part 4 credits:

Review the driver diagram and pick a measure

- *change idea that you want to work on*

Write your Aim statement

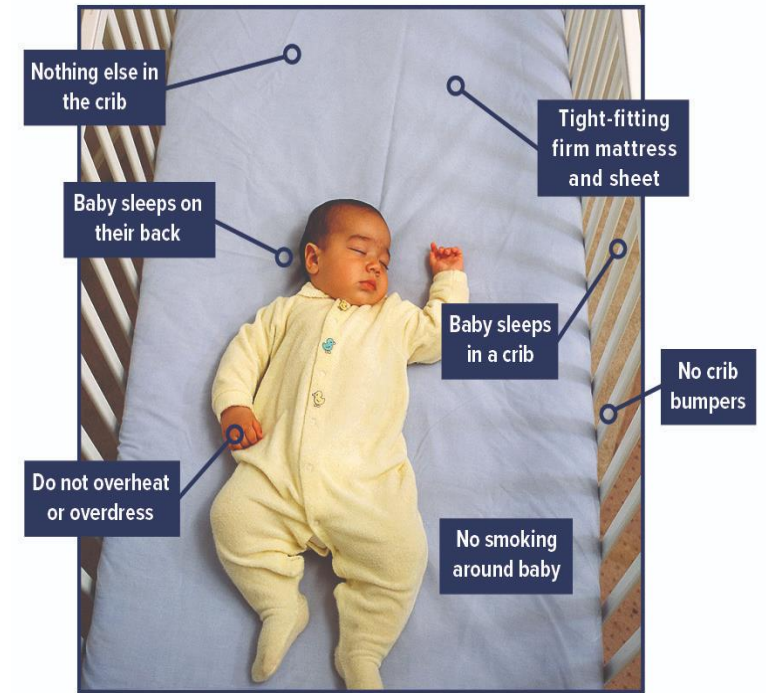
- *define the denominator, numerator, percentage improvement and time frame*

Collect 3(including the baseline) or more data sets and 2 QI Cycles

- *Do 2 PDSA or QI Techniques during the 11-week period (Sept 19/26- Nov 28/30)*
- *Complete practice readiness survey at every touch point*
- *QTIP practices can use excel sheet*
- *Can use existing projects*

Complete the ABP attestation form for Safe Sleep topic and send it to-

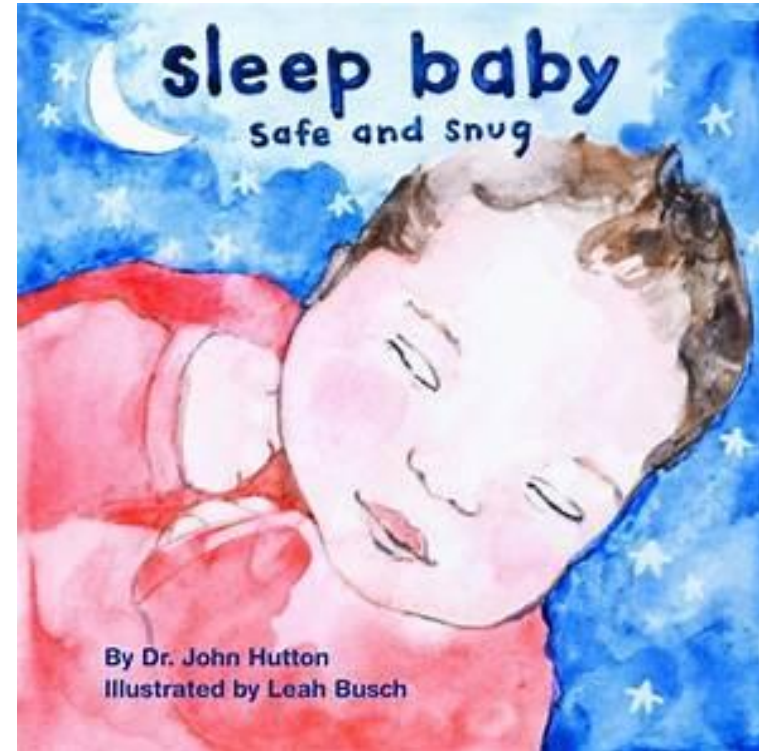
ramkumarjayagopalan@gmail.com



SAFE SLEEP SURPRISE?




is providing
practices with safe
sleep books that you
can distribute to
children ages 0 – 12
months.



THANK YOU!!





QTIP Safe Sleep Workshop Survey (9/13)

QTIP would like you to complete this survey at total of 5 times – once after our kick-off session, once after each of our 3 touchpoint sessions, and a final time after our last call.

QTIP Safe Sleep Workshop Survey

Please indicate how often your practice **CURRENTLY** engages in the activities below by selecting always, sometimes, or never. (Always, Sometimes, Never)

- Practice staff is trained on the latest AAP (2022) safe sleep guidelines
- Our practice provides safe sleep screening / counseling at well visits until 6 months of age
- Our practice documents safe sleep screening / counseling in patient charts
- Our practice distributes safe sleep educational materials to parents
- Our practice promotes breastfeeding
- Our practice has conversations with parents about choosing a childcare provider that follows safe sleep guidelines

QTIP Safe Sleep Workshop Survey

Which specific safe sleep and SIDS / SUIDS interventions or change ideas is your practice **currently** implementing? (Check all that apply.)

- Create and provide a breastfeeding friendly practice
- Create and update safe sleep designated infant care provider list
- Clinical staff provide safe sleep education at appropriate visits
- Crib cards or other education materials are given to parents
- Document discussion about caregivers avoiding Alcohol/tobacco/marijuana
- Display educational material for families around the practice
- Educate parents on updated AAP (2022) safe sleep guidelines
- Incorporate safe sleep screening / anticipatory guidance into HER
- Inform parents of support that is available if they have lost a baby to SIDS
- Offer a safe sleep book at newborn well visits
- Offer community safe sleep promotional events
- Provide consistent safe sleep screening / counseling until 6 months of age
- Provide safe sleep crib demos in the waiting room
- Provide staff education through lunch and learns

QTIP Excel QI Tool

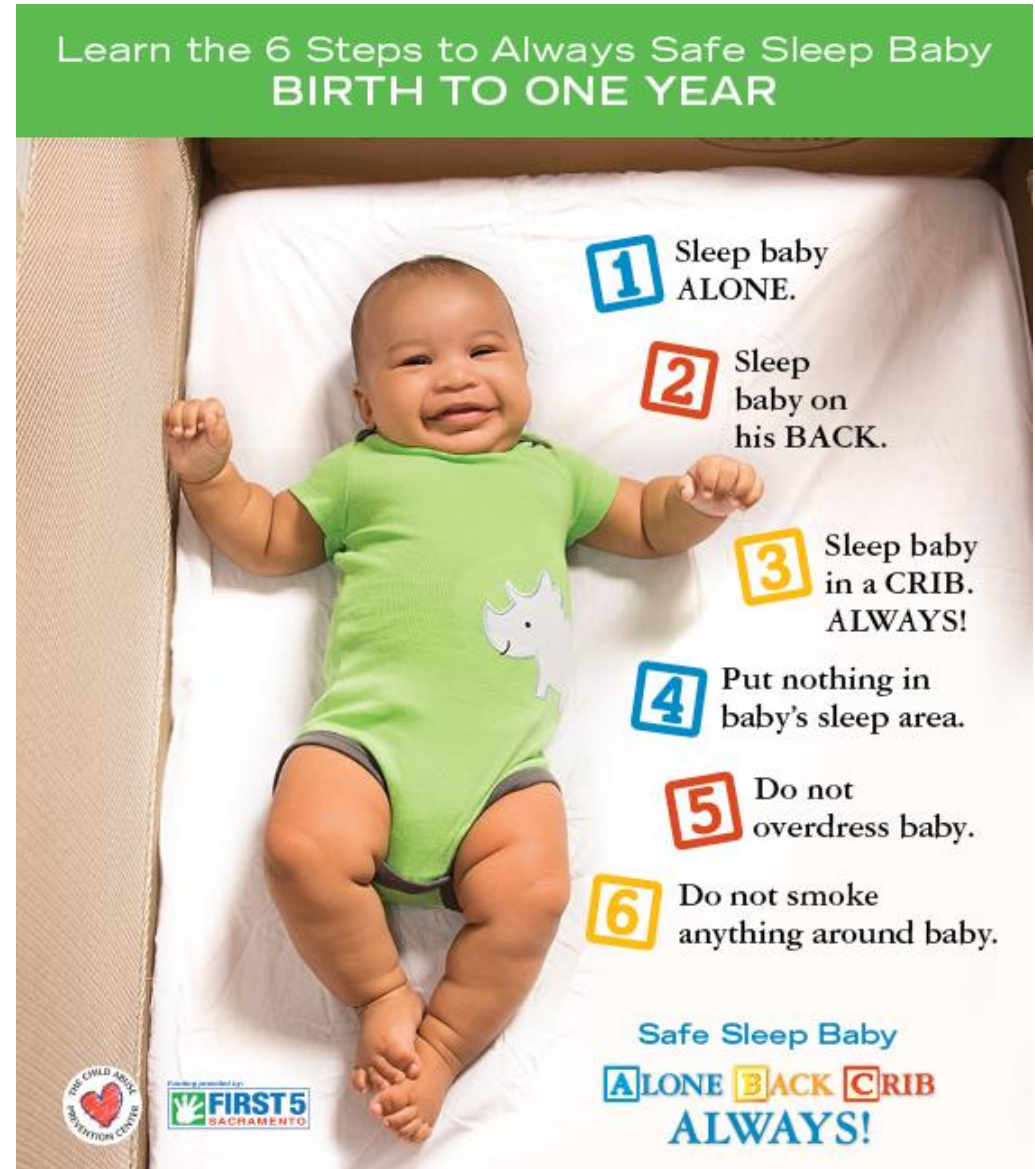
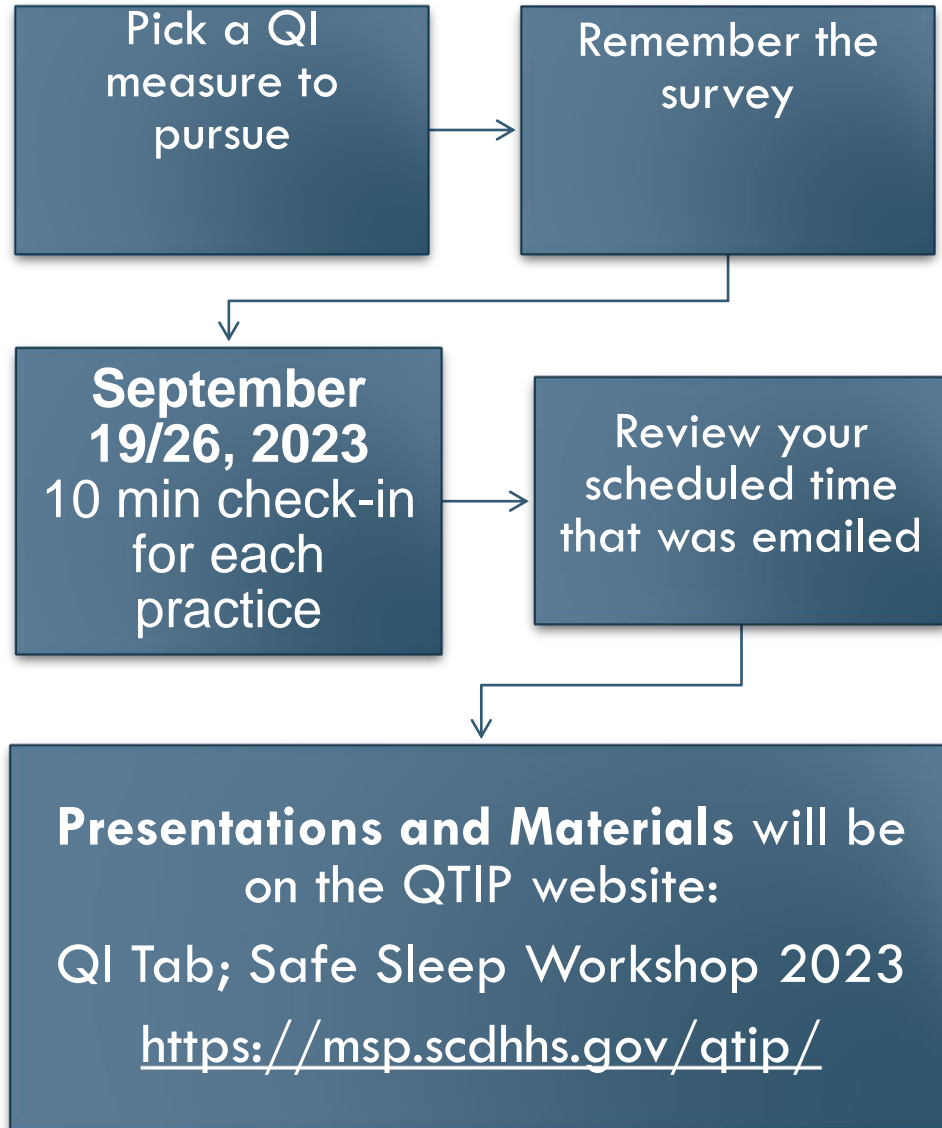
Date of visit:

Please identify the age of the patient:

Birth to 3 months (=1), 4 months to 6 months (=2), 7 months to 9 months (=3), 10 months to 12 months (=4)

- 1 Was the infant preterm? yes (<37 weeks gestation) no (> 37 weeks gestation)
- 2 Is the patient up to date on well child visits?
- 3 Is the patient up to date on routine childhood immunizations?
- 4 Is/was the baby breastfed?
- 5 Does anyone in the home smoke?
- 6 Has this patient's provider/nurse participated in safe sleep education?
- 7 Is there documentation the patient's family has been provided consistent safe sleep screening/counseling? (This includes: sleep onset; after nighttime waking; sleep position (supine); use of a separate sleep space; and use of an approved sleep surface (bassinet, crib, cradle, or playard)).
- 8 Is there documentation the family was provided a Safe Sleep Book?
- 9 Is there documentation the family was provided other Safe Sleep educational materials?
- 10 Is there documentation of discussion of safe sleep practices (SSP) at childcare at at the home of friends and relatives?

NEXT STEPS...



THANK YOU!!!

Barbara
Ostfeld, PhD

Jessica Sharp,
MAT, IMH-E

