

- We cannot help families unless we meet them where they are. And we cannot meet them where they are unless we ask the right questions.

What is PRESIPS2

- Bright Futures Preventive Services Improvement State Spread Project
- Partnership between selected chapters and state Maternal and Child Health stakeholders to improve Bright Futures implementation

What counts as meeting Bright Futures requirements for select measures?

- Family Strengths: A particular place in the visit note where family strengths are recorded. Preferably in a part of the plan that is shared with families (PRESIPS2 measures 6 and 7)
- Family Concerns: Any notation in the chart note for the visit, either in a designated spot or as free text and/or Use of the Bright Futures Pre-Visit Questionnaire or something similar. When family concerns are recorded, there must also be a notation that they were addressed (PRESIPS2 measures 1 and 2)

What counts as meeting Bright Futures requirements for select measures?

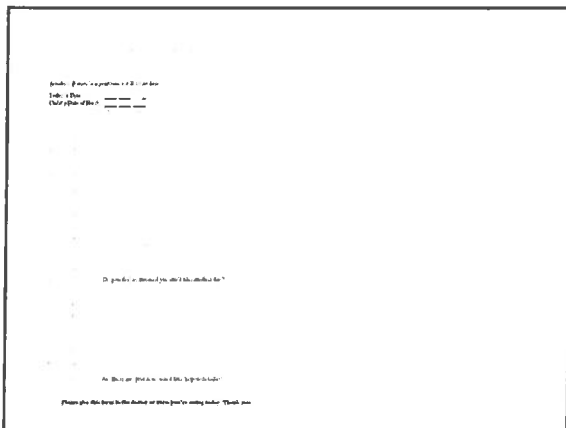
- Social and Environmental Determinants of health- A screen such as the SEEK documented as having been used with actions taken based upon results, or other similar criteria determined by the practice. (PRESIPS2 measures 8 and 9)

3 simple questions, 1 simple screen

- Question 1- Do you have any questions? (family concerns)
- Question 2- Do you have any concerns? (family concerns)
- Question 3- What do you think has gone really well for your child and your family recently? (family strengths)
- And the screen- SEEK (social and environmental determinants of health)

SEEK- How can we use these results to help families?

- Do your homework first.
- Compile resources and contacts.
- Know your practice demographics. The concerns of a family living in rural Clinton, SC may be very different from those of a family living in downtown Columbia. Their potential resources will vary greatly as well.



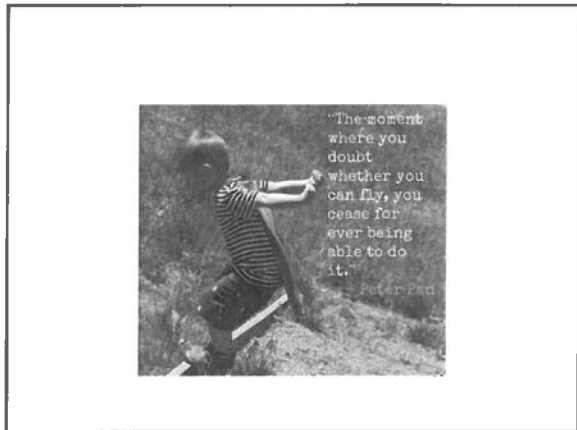
My minimally scientific study- 25 consecutive SEEK screens

- Firearm ownership- 12
- Passive Smoke Exposure- 4 (but beware of the wording of the question- Does anyone smoke tobacco at home?)
- Depression-2
- Child is difficult to Care For- 2
- Food Insecurity- 3
- Need Poison Control number- 2
- Domestic Violence- 1

Emergency	611	Local
Violence Prevention & Risk Safety Poison Control	1-800-452-4541 1-800-235-1222	Anderson Piedmont Poison Control
Sexual Offenses	Columbia Fire Dept/Police 616-515-7100 Lawrenceburg Police Dept 616-515-7100	Anderson 1800 Laurel Street 334 Main Street www.andersonsc.gov
Substance Consumption	Quit Now 1-800-452-4541	Anderson
Food Assistance	Food Bank of South Carolina 803-778-2300	2230 Main Street Anderson
Child Abuse Reporting System	Child Abuse Reporting System 803-778-2300	3000 Hampton Street Anderson County
Substance Abuse Treatment	Substance Abuse Treatment 803-778-2300	www.adaa.sc.gov Anderson Columbia Hartsville
Ten-Ten Line	Ten-Ten Line 803-778-2300	2718 Columbia Drive #100 Anderson
Domestic Violence	Domestic Violence 803-778-2300	301 Piedmont Park Blvd Lansing
Family Support Services	Family Support Services 803-778-2300	2711 Anderson Drive Suite 111
Substance Abuse Treatment	Substance Abuse Treatment 803-778-2300	1302 Piedmont Street 1801 S. Johns Place Suite 104 Suite 201
Domestic Violence	Domestic Violence 803-778-2300	911 Main Street Suite 201
Child Abuse Reporting System	Child Abuse Reporting System 803-778-2300	2711 Anderson Drive Suite 100 & Suite 101 Anderson
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Emergency	511	Local
Vehicle Prevention & Run Safety Program Contact	1-800-368-5437 1-800-222-3322	408-262-1234 www.motors.com Parents Program Contact 877-333-3773
Need a Smoke Detector?	HomeNet My Community 803-256-3700	513 Valley Center, CA 92155 www.comcast.com www.sccomcast.com
Ready to Start Smoking?	Quit Now 1-800-784-8699 408-262-1234	www.quitnow.com www.quitnow.com www.quitnow.com
Food Needs?	Food Bank 803-256-3700	www.foodbank.org www.foodbank.org www.foodbank.org
Child Abuse Reporting Hotline	Child Abuse Reporting Hotline 803-256-3700	www.dhs.gov www.dhs.gov www.dhs.gov
ADULT HOUSING	ADULT HOUSING 803-256-3700	www.adulthousing.org www.adulthousing.org www.adulthousing.org
Texas Toll Free	Texas Toll Free 1-800-368-5437	www.tollfree.com www.tollfree.com www.tollfree.com
Having Overt, Depressed, or Anxious?	San Antonio Health 803-256-3700	www.sanantoniohealth.com www.sanantoniohealth.com www.sanantoniohealth.com
Need Support with Parenting?	SC Center for Fatherhood and Families 803-256-3700	www.sccenterforfatherhood.com www.sccenterforfatherhood.com www.sccenterforfatherhood.com
Ready to Get Back on Schedule Library?	Library 803-256-3700	www.library.com www.library.com www.library.com
A business & industry	Business & Industry 803-256-3700	www.business.com www.business.com www.business.com
A to Z Yellow Pages & More	A to Z Yellow Pages & More 803-256-3700	www.a-z.com www.a-z.com www.a-z.com
Need a Returning Driver or Motor Protection?	Returning Driver or Motor Protection 803-256-3700	www.returning.com www.returning.com www.returning.com



What have I learned from using SEEK?

- Our families own a lot of firearms. Most, but definitely not all of them, are stored safely.
- Food insecurity is a significant problem for many of our families and seems to be positively correlated with obesity.
- Depression is a major problem for some of our families and they may not mention it if we don't screen for it.

What have we learned from SEEK?

- Few of our families report a history of domestic violence but those who do are usually struggling and in need of support and resources.

What have we learned from SEEK

- Helping a family to recognize and appreciate their strengths can help to open the conversations to address their concerns. Social and Environmental determinants of health factor strongly into this.
- Ex. "So you've mentioned that you wish you had more help with your child. Tell me what type of help you have right now."
- "Oh, so you have your aunt and your mother helping you twice a week. It's great that your child gets to spend time with them. Let's talk about other ways that you might be able to get some help."

How can we elicit Family Strengths?

- Strengths can be elicited from general questions, conversation generated by the SEEK, PSC, PSC-Y or from the Healthy Habits Questionnaire (Obesity Toolkit)
- Are you reading with your child?
- Do you eat meals together as a family?
- Do you exercise together as a family?

Bright Futures Strengths

- Many topics covered
- Questions are easy to understand
- Good smoke exposure question- Does your child live with anyone who uses tobacco or spend time in any place where people smoke?

Bright Futures Weaknesses

- Too many topics covered- A visit addressing all of the potential issues listed would take hours.
- Some of the questions are simply too broad- ie. Have any of your baby's relatives developed new medical problems since your last visit? Please describe.

How do we incorporate this at Palmetto Pediatrics?

- Parental concerns are elicited and documented by the staff when the patient is initially brought to the exam room. Responses are documented by the physician.
- SEEK used at well visits under age 6 which do not involve another major screen. All parents are given a resource sheet even if the results are negative.
- Concerns from the SEEK documented and responses documented. Screen is automatically billed when it is checked off by the MD
- Working on documenting family successes. Adding documentation for reading together, eating together, exercising together. Definitely a work in progress.



Where can we document Family Strengths?

- Within the History or Care Plan section of the well visit note
(fairly easy to document and to track)
- Within free text areas of the well visit note
(easy to document, more difficult to track)

How about the Bright Futures Questionnaire?