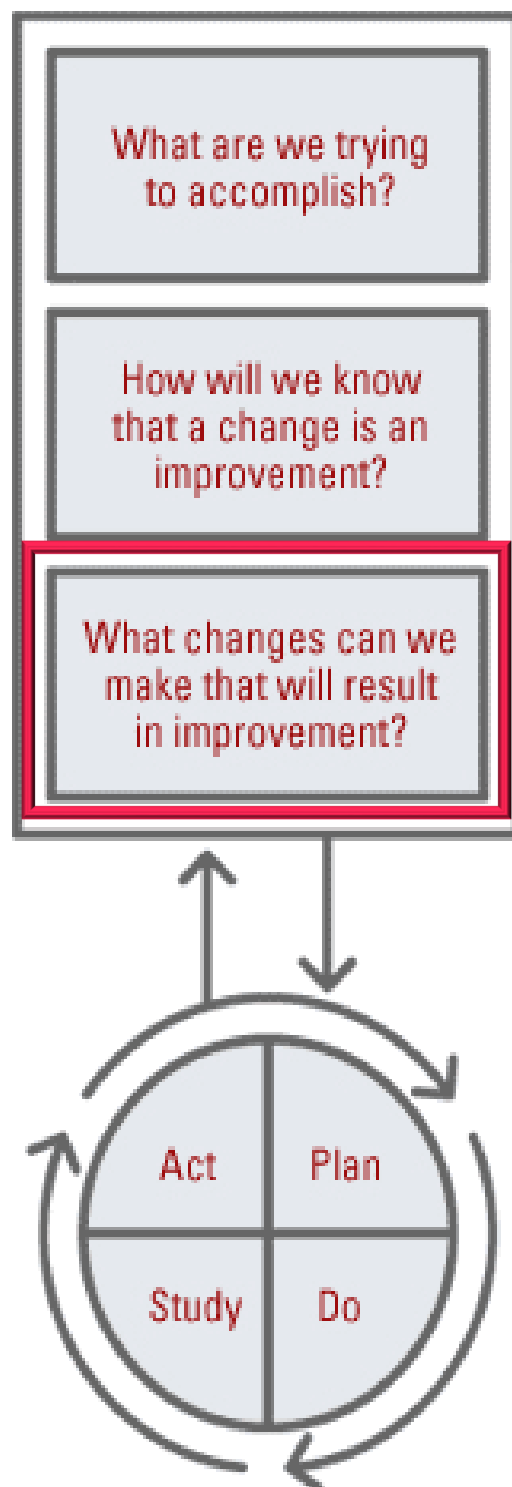


PDSA Cycles

The Plan-Do-Study-Act method is a way to test a change that is implemented. By going through the prescribed four steps, it guides the thinking process into breaking down the task into steps and then evaluating the outcome, improving on it, and testing again. Most of us go through some or all of these steps when we implement change in our lives, and we don't even think about it. Having participants written down often helps people focus and learn more.

Keep the following in mind when using the PDSA cycles to implement the health literacy tools:

- Single Step - Each PDSA often contains only a segment or single step of the entire tool implementation.
- Short Duration - Each PDSA cycle should be as brief as possible for you to gain knowledge that it is working or not (some can be as short as 1 hour).
- Small Sample Size - A PDSA will likely involve only a portion of the practice (maybe 1 or 2 doctors). Once that feedback is obtained and the process refined, the implementation can be broadened to include the whole practice.



Plan	Do	Study	Act
<p>Here you will write a concise statement of what you plan to do in this testing. This will be <u>much more focused and smaller than the implementation of the tool</u>. It will be a small portion of the implementation of the tool.</p> <ul style="list-style-type: none"> ◇ The statement is a concise statement of what we will do. ◇ The statement is small and focused ◇ We have included a measurement or an outcome that we hope to achieve <ul style="list-style-type: none"> ◇ Quantitative Measurement (# of doctors performed teach-back) ◇ Qualitative Measurement (nurses saw less congestion in the lobby) 	<p>Execute the PLAN</p> <p>What did you observe? (Ex. how the patients react, how the doctors react, how the nurses react, how it fit in with your system or flow of the patient visit)</p> <p>Did everything go as planned?</p> <ul style="list-style-type: none"> ◇ Yes ◇ No <p>If no, did I have to modify the plan?</p>	<p>What did you learn?</p> <p>Did you meet your measurement goal?</p> <p>If you met your goal, how well did it work?</p>	<p>What did you come away with for this implementation?</p> <p>If it did not work, what can you do differently in your next cycle to address that?</p> <p>If it did work, are you ready to spread it across your entire practice?</p>

The **time limit** that you are going to do this study – remember, it does not have to be long, just long enough to get your results. And, you may set a time limit of **1 week** but find out after **4 hours** that it doesn't work. You can terminate the cycle at that point because you got your results.

◇ Time Limit _____

