

## 2020 Teen QIDA Survey- What Counts as a Yes (ages 15-18)

1. Did the patient have a well visit in the past 12 months?  
**What counts as a yes:** Documentation that the patient was in for a well visit in the last 12 months or was in for a well visit for the visit being audited.
2. Is there documentation that the patient was screened for depression?  
**What counts as a yes:** Documentation that a standardized screening tool used- PHQ-2, 9, PSC-Y etc.
  - a. Was the screen positive?
    - i. Is there documentation that depression management was done in the office?  
**What counts as a yes:** Any documentation of discussion about in office management- sleep hygiene, Relaxation techniques, breathing exercises etc.
    - ii. Was the patient referred for additional services?  
**What counts as a yes:** Referral to a psychologist or psychiatrist
    - iii. Was the patient started on medication in the office?  
**What counts as a yes:** Any antidepressant medication started in office
3. Is there documentation that the patient was screened for anxiety?  
**What counts as a yes:** Was a standardized screening tool used, for example: GLAD7, SCAARED etc.
  - a. Was the screen positive?
    - i. Is there documentation that anxiety management was done in the office?  
**What counts as a yes:** Any discussion about in office management- Relaxation techniques, breathing exercises etc.
    - ii. Was the patient referred for additional services?  
**What counts as a yes:** Referral to a psychologist or psychiatrist
    - iii. Was the patient started on medication in the office?  
**What counts as a yes:** Any anti-anxiety medication started in office
4. Is there documentation in the record that the patient was screened suicidal ideation?  
**What counts as a yes:** Documentation that any standardized screening tool was used that screens for suicidal ideation, for example: PHQ-2, PHQ- 9 , PSC-Y.
  - a. Was the screen positive?
    - i. Is there documentation that suicide management was done in the office?  
**What counts as a yes:** Documentation that a suicide prevention plan or safety plan discussed in office with the family and the patient.
    - ii. Was the patient referred to additional services?  
**What counts as a yes:** Documentation that the patient was referred to services that are trained to handle teens with suicidal ideation such as Crisis line, DMH, Psychologist etc.
    - iii. Was the patient sent to the ER?  
**What counts as a yes:** Documentation that the patient was sent from the office directly to the ER for inpatient admission
5. Is there documentation that the patient was asked about their substance use?  
**What counts as a yes:** Documentation that a standardized screening tool like CRAFFT or the HEADSS assessment was used to determine if the patient is using illicit substances.

- a. Was the answer positive?
  - i. Was the patient counseled/ referred for treatment?  
**What counts as a yes:** Was referral made to a substance abuse addiction center or counselor
6. Is there documentation in the record that the patient was given anticipatory guidance about social media use?  
**What counts as a yes:** Documentation that there was a discussion about appropriate social media use or documentation that a social media plan was discussed with the family
7. Is there documentation in the medical record that safe sex was discussed with the patient?  
**What counts as a yes:** documentation that a discussion was with the patient about safe sex which could include contraceptive options, discussion of STI risks, etc.
8. Is there documentation in the record that birth control options were discussed with the patient?  
**What counts as a yes:** Documentation that discussion about birth control options available to the patient was had with the patient
9. Is there documentation in the record that the patient was screened for HIV?  
**What counts as a yes:** HIV antibody screening done, POC or sent out at least once in the patients record.
10. Is there documentation in the record that the patient was screened for GC/Chlamydia?  
**What counts as a yes:** Urine PCR for GC/Chlamydia done regardless of admission of sexual activity or not.
11. Is there documentation in the record that the patient has completed the HPV series?  
**What counts as a yes:** 2 doses completed, even if the patient or parent refused the vaccine, if the patient has not received a completed series, the entry should be marked as no.
12. Is the patient's BMI over the 85th percentile?
  - a. Is there documentation that the weight counseling was provided to the patient and family?  
**What counts as a yes:** Documentation that the patients was given guidance on healthy eating and exercise habits
13. Was the patient screened for tobacco exposure including cigarettes, e-cigarettes, and other tobacco products?  
**What counts as a yes:** Any evidence of tobacco use screening for both the family and the patient. This question should be asked in such a way that any tobacco exposure is recorded, including use of vaporizers and e-cigarettes.
  - a. Was the screen positive?
    - i. Was the family (or patient) given advice to quit?  
**What counts as a yes:** Documentation in the medical record that the family was educated on the hazards to the patients' health from 1<sup>st</sup> hand, 2<sup>nd</sup> hand, and 3<sup>rd</sup> hand tobacco exposure.
    - ii. Were cessation strategies discussed?  
**What counts as a yes:** Documentation that the provider educated the family on cessation strategies which could include prescribing OTC nicotine replacements drugs and/or referral to the Quitline.