

CenteringPregnancy

Improving prenatal care with
an innovative, evidence-based model

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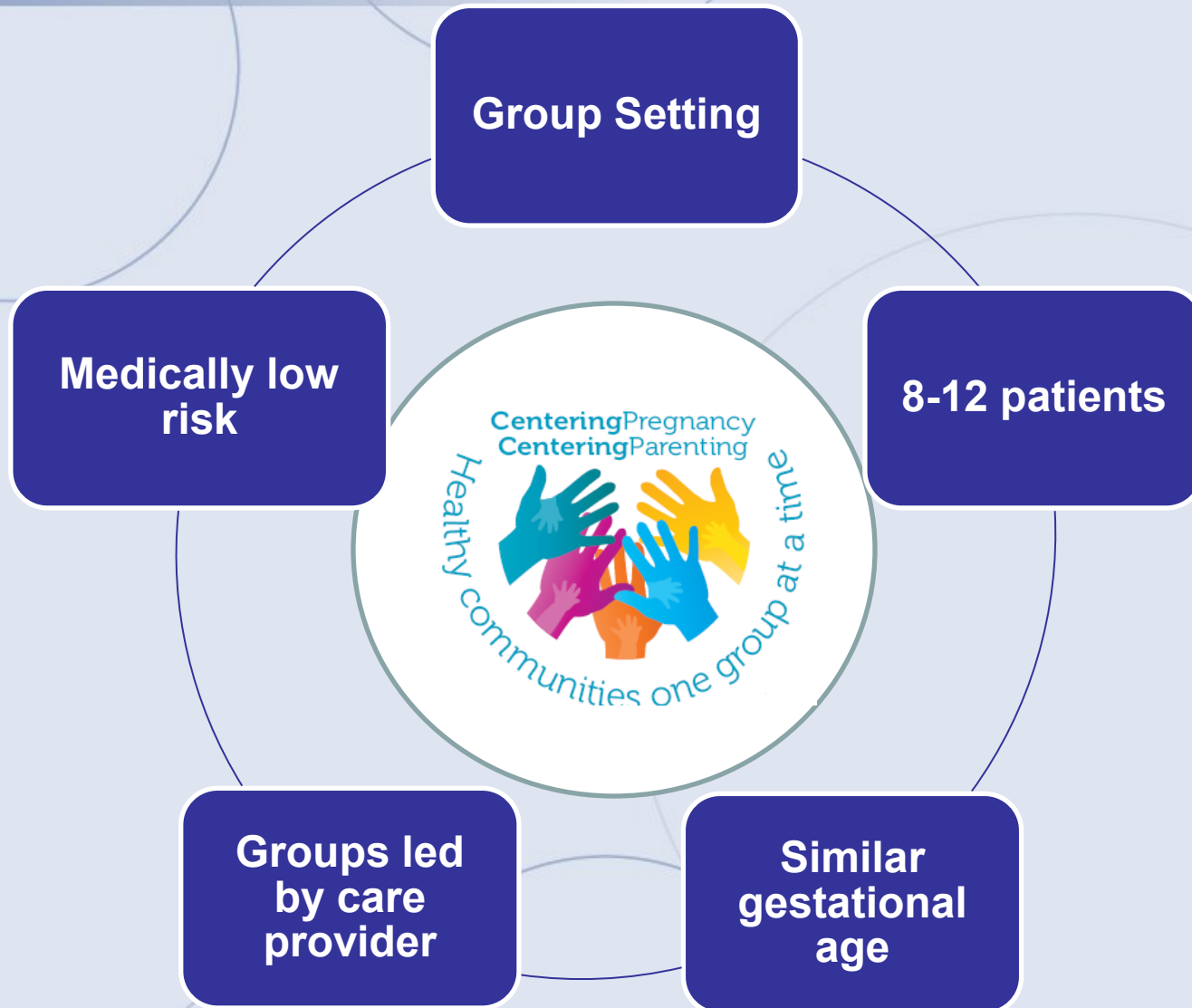
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CenteringPregnancy: Design



Design: Schedule



- Four sessions every 4 weeks
- Six sessions every 2 weeks
- Post-partum reunion
- Additional visits as needed to address issues

Design: Two hour session

30-40 minutes

Check-in
individual assessments
with the provider

60-75 minutes

Formal “circle-up”
facilitated discussion



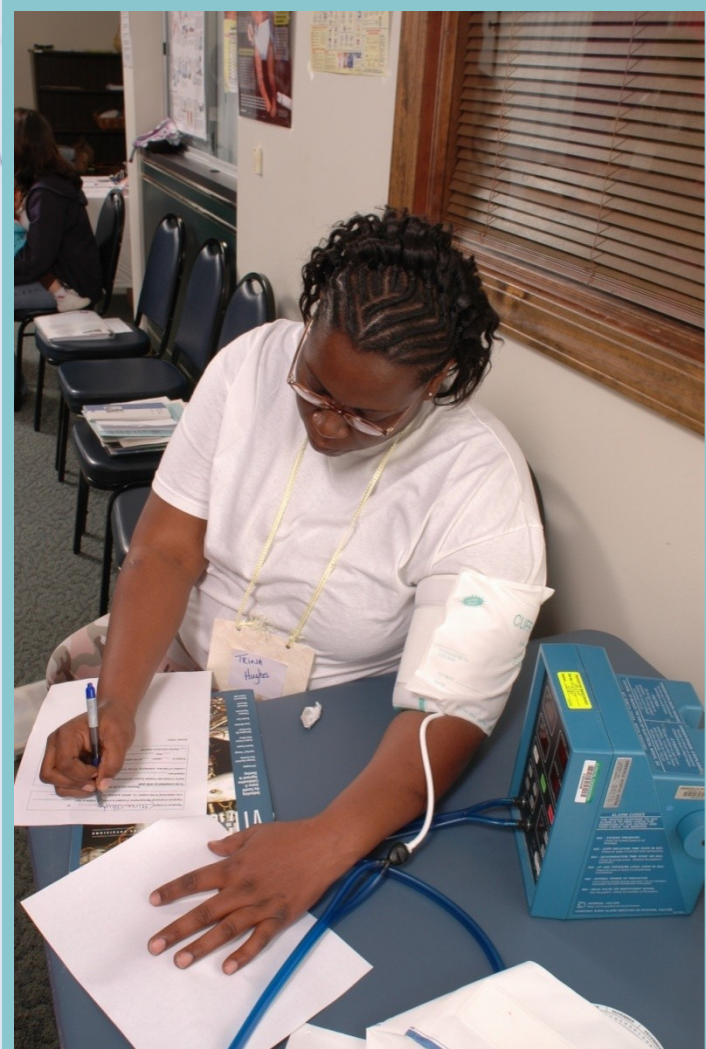
Informal time for socializing
Closing and follow-up as needed

Assessment: Self-care



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Assessment: Check-up



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Individual physical assessment

Education: Self-Assessment



PARENTING
NUTRITION
FAMILY ISSUES
COMFORT MEASURES
COMMON PROBLEMS

Education: Discussion

Communication Sexuality/contraception

Birth preparation



Nutrition and infant feeding

Comfort measures Stress management

Education: Process



Interactive discussion
Stable group members and leadership

Time for sharing



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Why I Loved Centering...



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...because I was able to spend more than 10 minutes with the doctor.

...seeing the same staff every time I came in made me feel comfortable and close to them.

...I enjoyed the interaction with the other girls-it was nice to compare experiences.

...being around other women who I can relate to.

...because I didn't feel like I was alone!

..because I learned a lot that I used during my delivery and when he was born.

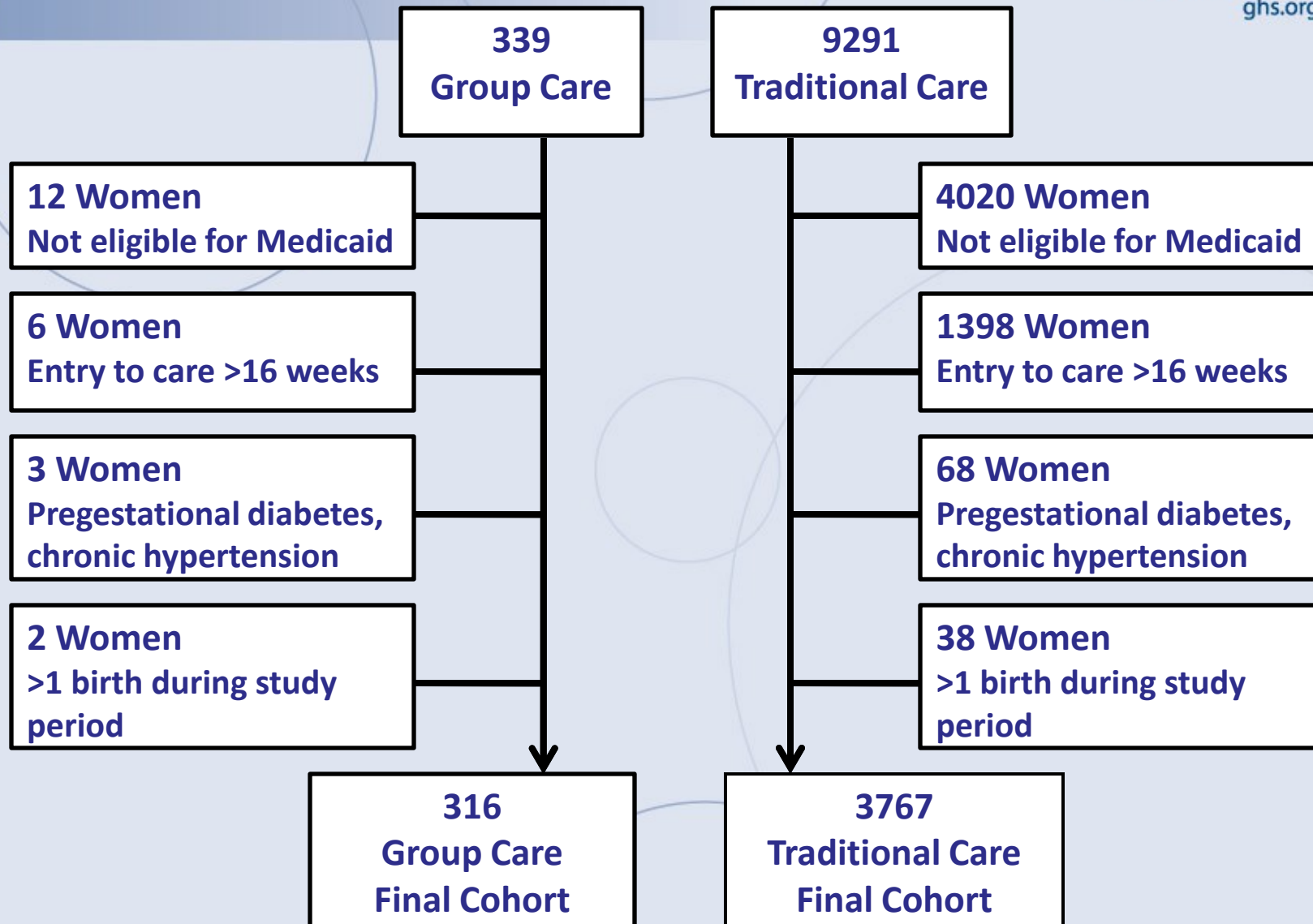
...doing my own blood pressure and weight-it made me feel involved in my care!

Study Cohort



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Demographics

Characteristic	Group Care N = 316	Traditional Care N = 3767	P-value
Maternal Age (Mean \pm SD)	23.1 \pm 4.6	25.1 \pm 5.6	<0.001
Maternal Race/Ethnicity: No (%)			
White	107 (33.9)	1725 (45.8)	<0.001
Black	107 (33.9)	961 (25.5)	
Hispanic	55 (17.4)	835 (22.2)	
Other	47 (14.9)	246 (6.5)	
Married: No. (%)	75 (23.7)	1314 (34.9)	<0.001
Nulliparous: No. (%)	199 (63.0)	1549 (41.1)	<0.001
Prenatal Care Began 0-2 mo: No. (%)	181 (57.3)	1288 (34.2)	<0.001

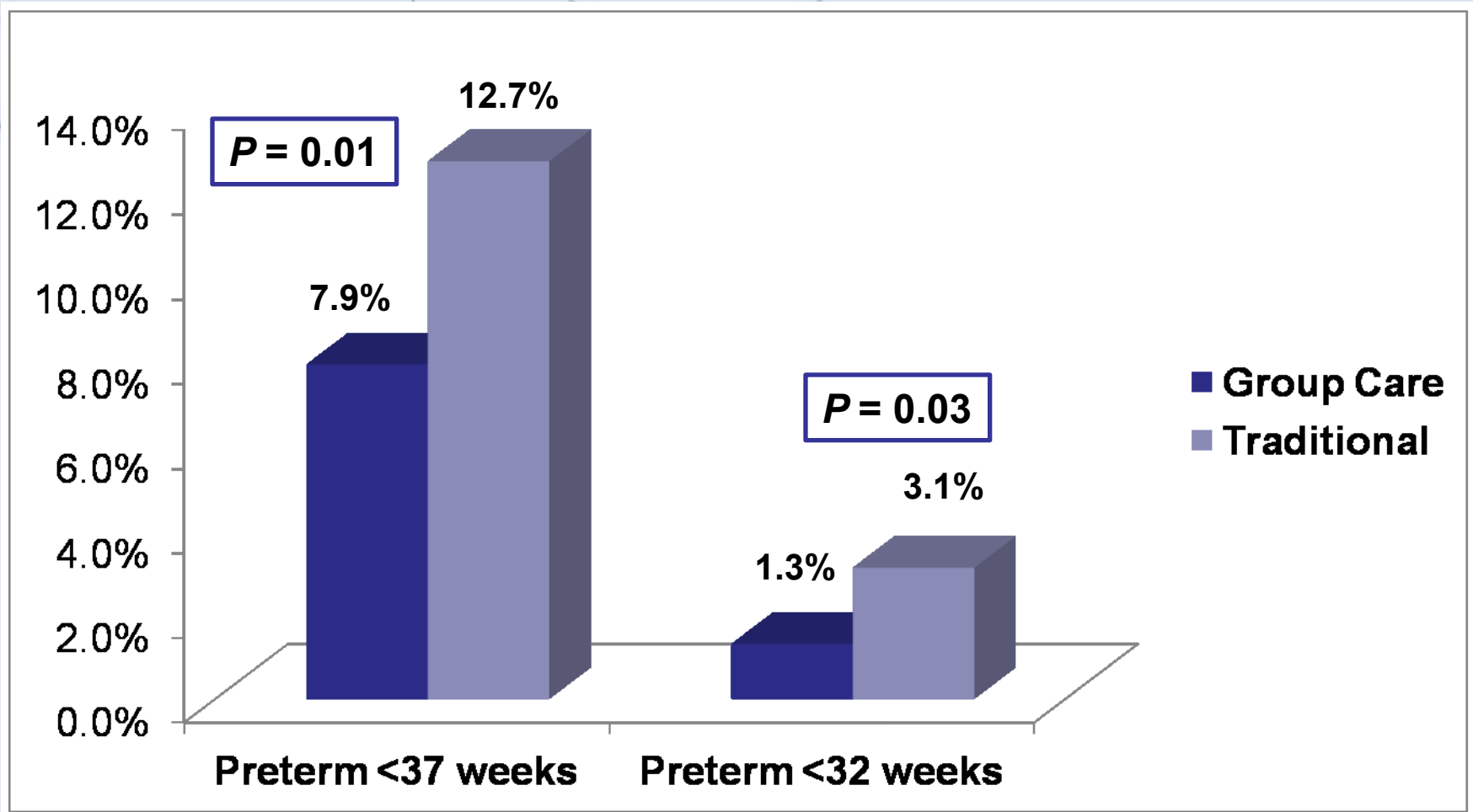
Demographics

Characteristic: No. (%)	Entire Cohort Group Care N = 316	Entire Cohort Traditional Care N = 3767	P-value ^a
Sexually Transmitted Infection ^b :	50 (15.8)	515 (13.7)	0.287
Tobacco Use During Pregnancy:	53 (16.8)	753 (20.0)	0.166
Previous Preterm Birth:	10 (3.2)	205 (5.4)	0.082
Mother's Education:			
< High School	114 (36.1)	1532 (40.7)	0.266
= High school diploma/ GED	105 (33.2)	1176 (31.3)	
> High School	97 (30.7)	1055 (28.0)	

^aMaternal age compared with t-test, remainder with chi-square

^bNisseria Gonorrhea, Chlamydia Trachomatis, Herpes Simplex

Preterm Birth



Risk of preterm birth <37 weeks for women participating in group care

Adjusted OR 0.53
95% CI 0.34-0.81, $P=0.004$

47%
REDUCTION

Comparisons for preterm delivery <37 weeks by race/ethnicity within groups

Mother's Race/ Ethnicity	Group Care			Traditional Care		
	Number of subjects	Preterm <37 N (%)	Chi Square	Number of subjects	Preterm <37 N (%)	Chi Square
White	107	7 (6.5)	P=0.63	1725	236 (13.7)	P<0.01
Black	107	8 (7.5)		961	155 (16.1)	
Hispanic	55	4 (7.3)		835	58 (7.0)	
Other	47	6 (12.8)		246	28 (11.4)	

SC DHHS planning to support CenteringPregnancy

- \$150 - \$200 per patient
 - One-time incentive payment after 5 visits
- Start-up funding and training will also be covered.
 - “Bidders conference” in November 5, 2012
 - Applications available after the conference

Cost savings to date for CenteringPregnancy

Group	Centering Event rate	Traditional Event rate	Difference	Cases Prevented	Estimated Cost Savings
Preterm, NICU	4.3%	7.0%	2.7%	34	\$995,758
Term, NICU	2.3%	2.9%	0.6%	7	\$45,906
Preterm, Non-NICU	3.3%	5.2%	1.9%	24	\$36,408
					\$1,078,072
Maternal Savings				+	\$717,688

TOTAL

\$1,795,760

Logistic regression modeling

Characteristic	Entire cohort Adjusted Odds Ratio (95% CI) for Preterm Birth <37 weeks	P-value
Mother's Race/Ethnicity:		
White	Referent	---
Black	1.20 (0.95, 1.50)	0.122
Hispanic	0.51 (0.38, 0.69)	< 0.001
Other	0.87 (0.59, 1.28)	0.472
Month Prenatal Care Began:		
0-2 months	0.69 (0.57, 0.84)	<0.001
3-4 months	Referent	---
Previous Preterm Birth:		
No	Referent	---
Yes	2.54 (1.80, 3.58)	<0.001
Participation in Group Care:		
No	Referent	---
Yes	0.53 (0.34, 0.81)	0.004