

What is children's attendant care?

Children's attendant care (CAC) is a home-based service model for Medically Complex Children (MCC) waiver participants up to age 21.

It is extensive hands-on help for at least two of the seven key activities of daily living (ADL). They include:

- Bathing
- Dressing
- Eating
- Hygiene
- Mobility
- Toileting
- Transferring

To qualify for CAC services, the child must require hands-on support that exceeds the range of tasks a family member or responsible person would normally perform in the household for a person without a disability or chronic illness of the same age.



How can I learn more about CAC?

If you want to learn more about CAC, please feel free to contact us. The participant must be enrolled in the MCC waiver program to take part in this service.



Contact your MCC nurse case manager.



Visit www.scdhhs.gov/MCC



Children's Attendant Care

Medically Complex Children (MCC) Waiver

Information on children's attendant care services for MCC waiver participants and their families.

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What are the children's attendant caregiver requirements?

An approved caregiver for CAC must meet the following qualifications:

- Be at least 18 years of age
- Effectively communicate with the child's care team
- Be physically able to perform the duties on the plan for care
- Complete required documents and follow billing procedures
- Pass a background check. Have no known convictions for abuse, neglect or exploitation of adults or children; crime against another person; or felony conviction of any kind
- Submit a tuberculosis screening
- Complete required CPR and first aid training
- Do skills training specific to the child's needs

What is the difference in children's personal care and CAC?

MCC waiver participants and/or families have two options for in-home care services. They are children's personal care or CAC.

For children's personal care, they can use an in-home care agency and personal care aide. For CAC, they can use self-direction.

What is self-direction?

Instead of using an in-home care agency, participants who choose this option will manage their own CAC services.

What are the benefits of CAC?

Choosing CAC allows the MCC waiver participant and/or family member to:

- Manage recruitment and retention of paid caregiver(s) of choice
- Hire qualified family members, including a parent of a minor child, to be the paid children's attendant caregiver
- Have more control of scheduling service hours
- Supervise staff

What is the role of the participant and family members?

An MCC waiver participant and/or family wishing to choose the CAC option can expect to do the following:

- Tell the waiver nurse case manager (NCM) of their interest in this option
- Follow all the policies and procedures required for CAC
- Report abuse, neglect, exploitation and fraud
- Meet and keep qualifications



- Communicate with the care coordination team. This team is made up of the NCM, the University of South Carolina (USC) nurse, child's health care team and others
- Play an active role in the management and monitoring of the health, well-being and safety of the participant

What is the role of the waiver NCM?

The waiver NCM supports the participant and family's commitment to quality care goals by:

- Informing the participant and/or family about their options for care in the home
- Explaining the benefits, risks and responsibilities of CAC
- Referring the participant and/or family to the USC nurse
- Maintaining communication with the participant and/or family, applicable vendors and the attendant
- Report suspicions of abuse, neglect, exploitation and fraud
- Monitor participant health, welfare and safety with mandatory, quarterly in-home visits and monthly phone contacts plus other communication as needed

How do I enroll in self-direction?

To enroll in CAC, you must reach out to your waiver NCM.